					MAIN RACE RESULTS				
POS	BIB				RUNNING CLUB	AGE	CLOCK	HANDICAP	ACTUAL
1	165	lain	Twaddle	Male		51	00:29:12	00:04:00	00:33:12
2	140	lan	Norman	Male	Heaton Harriers & AC	60	00:29:56	00:07:00	00:36:56
3	69	Richard	Bateson	Male	Blyth Running Club	41	00:30:23	00:02:00	00:32:23
4	56	David	Gribben	Male	Houghton Harriers & AC	62	00:30:54	00:07:00	00:37:54
5	29	Andrew	Heppell	Male	Gosforth Harriers & AC	44	00:31:16	00:02:00	00:33:16
6	201	Gary	Jones	Male	Morpeth Harriers & AC	42	00:31:26	00:02:00	00:33:26
7	191	Lee	Bennett	Male	Morpeth Harriers & AC	52	00:31:28	00:04:00	00:35:28
8	188	John	Butters	Male	Morpeth Harriers & AC	46	00:31:50	00:03:00	00:34:50
9	115	Patrick	Houghton	Male	North Shields Polytechnic Club	41	00:31:59	00:02:00	00:33:59
10	76	Ryan	Eden	Male	North Shields Polytechnic Club	17	00:32:22	00:02:00	00:34:22
11	106	Charles	Hall	Male	North Shields Polytechnic Club	65	00:32:51	00:09:00	00:41:51
12	184	Steve	Boddy	Male	Gosforth Harriers & AC	55	00:32:56	00:05:00	00:37:56
13	66	John	Rippon	Male	Derwent Valley Trail Runners	57	00:33:08	00:05:00	00:38:08
14	178	James	McNaney	Male	Elvet Striders	36	00:33:16	00:00:00	00:33:16
15	157	Peter	Milburn	Male		62	00:33:32	00:07:00	00:40:32
16	199	Allan	Renwick	Male	Elvet Striders	53	00:33:43	00:04:00	00:37:43
17	127	Heather	Christopher	Female	Blyth Running Club	52	00:33:46	00:09:00	00:42:46
18	101	Geoff	Hewitson	Male	Crook & Dist Sports AC	64	00:34:17	00:07:00	00:41:17
19	97	Paul	O'Mara	Male	Tyne Bridge Harriers	37	00:34:21	00:00:00	00:34:21
20	35	Ann	Birchall	Female	Ashington Hirst Running Club	57	00:34:51	00:11:00	00:45:51
21	172	Helen	Heaney	Female	North Shields Polytechnic Club	47	00:34:57	00:08:00	00:42:57
22	96	Steve	Sadler	Male	Richmond & Zetland Harriers	58	00:35:03	00:05:00	00:40:03
23	137	Julie	Cross	Female	Claremont Road Runners	56	00:35:10	00:11:00	00:46:10
24	86	Nina	Cameron	Female	Heaton Harriers & AC	52	00:35:10	00:09:00	00:44:10
25	82	David	Shields	Male	Blyth Running Club	51	00:35:18	00:04:00	00:39:18
26	2	Russell	Dickinson-Deane	Male	Newcastle Frontrunners	55	00:35:23	00:05:00	00:40:23
27	176	Richard	Johnson	Male	Morpeth Harriers & AC	32	00:35:25	00:00:00	00:35:25
28	51	Colin	Hodgson	Male	Derwent Valley Trail Runners	57	00:35:30	00:05:00	00:40:30
29	164	John	Laws	Male	North Shields Polytechnic Club	65	00:35:32	00:09:00	00:44:32
30	67	Ricky	Davidson	Male	North Shields Polytechnic Club	46	00:35:37	00:03:00	00:38:37
31	175	Mark	Snowball	Male	Morpeth Harriers & AC	32	00:35:41	00:00:00	00:35:41
32	117	Nicholas	Lavin	Male	Heaton Harriers & AC	26	00:35:45	00:00:00	00:35:45
33	124	Dan	Tobin	Male	Wallsend Harriers & AC	48	00:36:06	00:03:00	00:39:06
34	181	Jon	French	Male	North Shields Polytechnic Club	42	00:36:23	00:02:00	00:38:23
35	6	Andrew	Dippie	Male	Morpeth Harriers & AC	62	00:36:25	00:07:00	00:43:25
36	128	David	Nolan	Male	Low Fell RC	34	00:36:27	00:00:00	00:36:27
37	194	John	Tollitt	Male	Tyne Bridge Harriers	58	00:36:28	00:05:00	00:41:28
38	55	Martin	Randall	Male	Swaledale Runners	51	00:36:31	00:04:00	00:40:31
39	167	Andrew	Turnell	Male	Crook & Dist Sports AC	65	00:36:35	00:09:00	00:45:35
40	149	stephen	cowell	Male		56	00:36:37	00:05:00	00:41:37
41	190	Kim	Matthews	Female	Elswick Harriers	62	00:36:38	00:12:00	00:48:38
42	110	Steven	French	Male	Blyth Running Club	46	00:36:53	00:03:00	00:39:53
43	32	Wendy	Pawsey	Female	North Shields Polytechnic Club	42	00:36:59	00:07:00	00:43:59
44	152	Ellie	Reed	Female	Heaton Harriers & AC	35	00:37:00	00:06:00	00:43:00
45	171	Steve	Dobby	Male	Blyth Running Club	48	00:37:05	00:03:00	00:40:05
46	84	Shaun	McGrath	Male	Houghton Harriers & AC	56	00:37:08	00:05:00	00:42:08
47	48	Will	Lloyd	Male	Tynedale Harriers & AC	29	00:37:12	00:00:00	00:37:12
48	192	Andrew	Stoddart	Male	Newcastle Frontrunners	46	00:37:25	00:03:00	00:40:25
49	168	David	Lydall	Male	Claremont Road Runners	59	00:37:28	00:05:00	00:42:28
50	42	Alyson	West	Female	Sunderland Harriers & AC	53	00:37:39	00:09:00	00:46:39

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51	197	Graham	Hall	Male	North Shields Polytechnic Club	52	00:37:43	00:04:00	00:41:43
52	186	Dave	Bradley	Male	Blyth Running Club	68	00:37:48	00:09:00	00:46:48
53	116	Abigail	Timms	Female	Heaton Harriers & AC	26	00:37:52	00:04:00	00:41:52
54	182	Carol	Marshall	Female	Tynedale Harriers & AC	58	00:37:53	00:11:00	00:48:53
55	170	Sandra	Watson	Female	Blyth Running Club	54	00:38:12	00:09:00	00:47:12
56	34	lan	Butler	Male	Elvet Striders	58	00:38:16	00:05:00	00:43:16
57	156	Jim	Lloyd	Male		61	00:38:25	00:07:00	00:45:25
58	130	Angela	Kirtley	Female	Gateshead Harriers & AC	59	00:38:28	00:11:00	00:49:28
59	81	Andrea	Simmons	Female	Ponteland Runners	26	00:38:40	00:04:00	00:42:40
60	177	Gary	Patterson	Male		46	00:38:41	00:03:00	00:41:41
61	33	Heather	Raistrick	Female	Elvet Striders	59	00:38:47	00:11:00	00:49:47
62	143	Ben	Clarke	Male		25	00:38:50	00:00:00	00:38:50
63	180	Chris	Checkley	Male	Heaton Harriers & AC	52	00:38:53	00:04:00	00:42:53
64	158	Susan	Milburn	Female		63	00:39:11	00:12:00	00:51:11
66	195	Janice	Stewart	Female	Blyth Running Club	46	00:39:12	00:08:00	00:47:12
65	89	Gillian	Bell	Female	Tynedale Harriers & AC	47	00:39:12	00:08:00	00:47:12
67	123	Alan	Stewart	Male	Blyth Running Club	49	00:39:15	00:03:00	00:42:15
68	131	Paul	Noble	Male	Blyth Running Club	42	00:39:20	00:02:00	00:41:20
69	45	Jenny	Friend	Female	Heaton Harriers & AC	60	00:39:29	00:12:00	00:51:29
70	185	Clare	Weir	Female	Crook & Dist Sports AC	42	00:39:34	00:07:00	00:46:34
71	49	Ron	Forster	Male	Blyth Running Club	70	00:39:36	00:11:00	00:50:36
72	173	Scott	McEntee	Male	Heaton Harriers & AC	43	00:39:58	00:02:00	00:41:58
73	94	judith	Correia	Female	North Shields Polytechnic Club	51	00:40:04	00:09:00	00:49:04
74	57	Willard	Wright	Male	Heaton Harriers & AC	57	00:40:10	00:05:00	00:45:10
75	144	Philip	Johnston	Male	Allen Valley Striders	43	00:40:12	00:02:00	00:42:12
76	43	Alex	Docherty	Male	Houghton Harriers & AC	35	00:40:27	00:00:00	00:40:27
77	38	Laura	Shaw	Female	Morpeth Harriers & AC	36	00:40:28	00:06:00	00:46:28
	72	Bridget	Broadhurst	Female	Tynedale Harriers & AC	62	00:40:36	00:12:00	00:52:36
79	31	Jessica	Anderson	Female	Tyne Bridge Harriers	66	00:40:37	00:13:00	00:53:37
	3	Julie	Lemin	Female	Blyth Running Club	46	00:40:40	00:08:00	00:48:40
81	198	Dayle	Stafford	Male	Blyth Running Club	47	00:40:40	00:03:00	00:43:40
82	5	Conall	Mallory	Male		35	00:40:51	00:00:00	00:40:51
83	71	Robert	Sharratt	Male	Blyth Running Club	41	00:40:59	00:02:00	00:42:59
	83	Gary	Corkhill	Male		41	00:40:59	00:02:00	00:42:59
	44	Charles	Slater	Male	Houghton Harriers & AC	29	00:41:00	00:00:00	00:41:00
	16	lan	Hearn	Male	North Shields Polytechnic Club	55	00:41:10	00:05:00	00:46:10
	111	Alison	French	Female	Blyth Running Club	46	00:41:11	00:08:00	00:49:11
	88	John	Younger	Male	Run Nation Running Club	40	00:41:23	00:02:00	00:43:23
	138	Dave	Saunders	Male	North Shields Polytechnic Club	59	00:41:28	00:05:00	00:46:28
	52	Lee	Anderson	Male	Blyth Running Club	56	00:41:31	00:05:00	00:46:31
	112	Michael	Ashby	Male	Blyth Running Club	54	00:41:36	00:04:00	00:45:36
92	133	Simon	Hall	Male	Tyne Bridge Harriers	32	00:41:49	00:00:00	00:41:49
93	134	Amy	Hume	Female	Tyne Bridge Harriers	26	00:41:55	00:04:00	00:45:55
	12	Heather	Gould	Female	North Shields Polytechnic Club	60	00:41:59	00:12:00	00:53:59
	150	Rosie	Wowk	Female	Derwentside AC	30	00:42:10	00:04:00	00:46:10
	102	Sharon	Cook	Female	Heaton Harriers & AC	39	00:42:21	00:06:00	00:48:21
97	105	Stuart	Forsyth	Male	Newcastle Frontrunners	39	00:42:31	00:00:00	00:48:21
98	193	Joel	Tepace	Male	Ponteland Runners	44	00:42:32	00:02:00	00:42:31
c/C)	100	Allen	Dickinson-Deane	Male		57	00:42:32	00:02:00	00:44:32
	1	I/NIIGH	PICKII ISOI I-DEALIE	iviaic	Newcastle Frontrunners	51	00.42.37	00.03.00	00.41.31
99	180		kirby	Male		50	00.42.52	00.04.00	00.46.52
99 100	189	steve	kirby	Male	Ploth Punning Club	50	00:42:52	00:04:00	00:46:52
99	1 189 160 159		kirby Morris Dyson	Male Female Female	Blyth Running Club North Shields Polytechnic Club	50 58 38	00:42:52 00:42:57 00:43:00	00:04:00 00:11:00 00:06:00	00:46:52 00:53:57 00:49:00

104	24	Natasha	Steel	Female	Sunderland Harriers & AC	29	00:43:24	00:04:00	00:47:24
105	120	Anne	Craddock	Female	Blyth Running Club	63	00:43:27	00:12:00	00:55:27
106	142	Andrew	Clarke	Male		52	00:43:27	00:04:00	00:47:27
107	147	Annabel	Bowkett	Female		34	00:43:30	00:04:00	00:47:30
108	58	Julie	Richardson	Female	Wallsend Harriers & AC	47	00:43:36	00:08:00	00:51:36
109	139	Matthew	Searle	Male		25	00:44:07	00:00:00	00:44:07
110	113	Stephen	Forster	Male	Blyth Running Club	59	00:44:10	00:05:00	00:49:10
111	155	Kim	Firstbrook	Female	Tynedale Harriers & AC	63	00:44:26	00:12:00	00:56:26
112	60	Hannah	Colling	Female	Elswick Harriers	26	00:44:36	00:04:00	00:48:36
113	136	Wendy	Stephenson	Female		56	00:44:36	00:11:00	00:55:36
114	161	David	Pace	Male	Heaton Harriers & AC	61	00:45:03	00:07:00	00:52:03
115	87	Vicky	Fletcher	Female	North Shields Polytechnic Club	42	00:45:06	00:07:00	00:52:06
116	183	Paul	Stockil	Male		43	00:45:09	00:02:00	00:47:09
117	126	Joanne	Murphy	Female	Tynedale Harriers & AC	55	00:45:13	00:11:00	00:56:13
118	179	Lisa	Wild	Female	North Shields Polytechnic Club	37	00:45:41	00:06:00	00:51:41
119	36	Billy	Shaw	Male	Blyth Running Club	50	00:45:49	00:04:00	00:49:49
121	103	Paul	Turner	Male		55	00:45:59	00:05:00	00:50:59
120	162	Andrew	Cobb	Male		48	00:45:59	00:03:00	00:48:59
122	104	Karen	Turner	Female		52	00:46:05	00:09:00	00:55:05
123	64	Dorothy	Cragg	Female		72	00:46:20	00:14:00	01:00:20
124	187	Alan	Dunning	Male	Claremont Road Runners	58	00:46:24	00:05:00	00:51:24
125	151	Caleb	Ward	Male		24	00:46:26	00:00:00	00:46:26
126	21	Linda	Bartram	Female	North Shields Polytechnic Club	62	00:46:39	00:12:00	00:58:39
127	19	Ricky	Smith	Male	Ashington Hirst Running Club	45	00:46:58	00:03:00	00:49:58
128	13	Tom	Moffett	Male	Blyth Running Club	46	00:47:11	00:03:00	00:50:11
129	200	Charles	Hierons	Male		59	00:47:15	00:05:00	00:52:15
130	148	David	Stamp	Male	Blyth Running Club	35	00:47:21	00:00:00	00:47:21
131	85	Allyson	McGrath	Female	Washington Running Club	51	00:47:35	00:09:00	00:56:35
132	18	Helen	Hearn	Female	North Shields Polytechnic Club	53	00:48:31	00:09:00	00:57:31
133	47	Elizabeth	Foster	Female	Tynedale Harriers & AC	64	00:49:32	00:12:00	01:01:32
134	10	Colin	Brown	Male	Blyth Running Club	52	00:50:31	00:04:00	00:54:31
135	132	Stephen	Pearson	Male	Houghton Harriers & AC	63	00:51:18	00:07:00	00:58:18
136	153	Joanne	Stobbart	Female	Blyth Running Club	57	00:51:52	00:11:00	01:02:52
137	63	Liz	Sandison	Female	Tynedale Harriers & AC	75	00:52:14	00:14:00	01:06:14
138	62	Hazel	Hughes	Female	Tynedale Harriers & AC	74	00:52:18	00:14:00	01:06:18
139	145	Andy	Pringle	Male		59	00:54:13	00:05:00	00:59:13
140	75	Judith	Skedge	Female	Tynedale Harriers & AC	75	00:55:26	00:14:00	01:09:26
141	53	Kenny	McCormick	Male	Claremont Road Runners	69	00:57:03	00:09:00	01:06:03
142	91	Annette	Skelton	Female	Blyth Running Club	51	00:59:16	00:09:00	01:08:16
143	196	Bill	Brown	Male	Heaton Harriers & AC	79	01:06:46	00:12:00	01:18:46

FASTEST TIMES

POS	BIB				RUNNING CLUB		CLOCK	HADICAP	ACTUAL
1 st	69	Richard	Bateson	Male	Blyth Running Club	41	00:30:23	00:02:00	00:32:23
2 nd	165	lain	Twaddle	Male		51	00:29:12	00:04:00	00:33:12
3 rd	29	Andrew	Heppell	Male	Gosforth Harriers & AC	44	00:31:16	00:02:00	00:33:16
1 st	116	Abigail	Timms	Female	Heaton Harriers & AC	26	00:37:52	00:04:00	00:41:52
2 nd	81	Andrea	Simmons	Female	Ponteland Runners	26	00:38:40	00:04:00	00:42:40
3 rd	127	Heather	Christopher	Female	Blyth Running Club	52	00:33:46	00:09:00	00:42:46

CLUB TEAM RESULTS

POS	BIB				RUNNING CLUB	AGE	CLOCK	HANDICAP	ACTUAL
3	69	Richard	Bateson	Male	Blyth Running Club	41	00:30:23	00:02:00	00:32:23
6	201	Gary	Jones	Male	Morpeth Harriers & AC	42	00:31:26	00:02:00	00:33:26
7	191	Lee	Bennett	Male	Morpeth Harriers & AC	52	00:31:28	00:04:00	00:35:28
8	188	John	Butters	Male	Morpeth Harriers & AC	46	00:31:50	00:03:00	00:34:50
9	115	Patrick	Houghton	Male	North Shields Polytechnic Club	41	00:31:59	00:02:00	00:33:59
10	76	Ryan	Eden	Male	North Shields Polytechnic Club	17	00:32:22	00:02:00	00:34:22
11	106	Charles	Hall	Male	North Shields Polytechnic Club	65	00:32:51	00:09:00	00:41:51
17	127	Heather	Christopher	Female	Blyth Running Club	52	00:33:46	00:09:00	00:42:46
21	172	Helen	Heaney	Female	North Shields Polytechnic Club	47	00:34:57	00:08:00	00:42:57
25	82	David	Shields	Male	Blyth Running Club	51	00:35:18	00:04:00	00:39:18
27	176	Richard	Johnson	Male	Morpeth Harriers & AC	32	00:35:25	00:00:00	00:35:25
42	110	Steven	French	Male	Blyth Running Club	46	00:36:53	00:03:00	00:39:53

1 st	Morpeth Harriers & AC	48
2 nd	North Shields Polytechnic Club	51
3 rd	Blyth Running Club	87