

# MAKE A | Longwood RUN FOR IT! Harriers 1888

## RICHARD HARDCASTLE MEMORIAL RACES

**Leeds Road Playing Fields, Huddersfield**  
**Saturday 25th April 2015 11:00am**

*Longwood Harriers would like to invite old friends and new faces to join them in an all terrain 10k race (2 laps) in memory of our former Club President.*

*Entries £5 affiliated £7 unattached. Entries on the day £7 affiliated £9 unattached. Please make cheques payable to Longwood Harriers AC*

*Prizes for first 3 Men and first 3 Women, plus spot prizes.*

*Buffet provided. changing facilities available.*

*Please send entry form to:*

*RHMR 3 Saxon Close, Emley, Huddersfield, West Yorkshire, HD8 9RB.*

*Pick up numbers on the day.*

*Closing date for pre-entries 2nd April 2015*

*Results will be posted on: [www.longwoodhac.org.uk](http://www.longwoodhac.org.uk)*

**LOOK UP,  
GET UP BUT  
NEVER GIVE UP!**

Surname  First Name  Leave Blank   
Date of Birth  Sex M or F  Age on race day (minimum 15)   
Club Affiliated Y/N   
Address   
Postcode  Mobile phone Landline

*I declare that I am an amateur as defined by UK Athletics laws and will abide by the laws and rules of UK Athletics. I accept that the organisers will not be liable for any loss, damage, action, claim, cost or expenses which may arise as a result of my participation in this race. I declare that I will not compete unless I am in good health on the day of the race and that in any event I will compete at my own risk. I understand marshals will be withdrawn after 70 minutes. I understand that numbers are NOT TRANSFERABLE and Entry Fees are not refundable. I understand that in the event of cancellation or postponement any refund or deferment of entry is entirely at the organisers' discretion.*

# **MAKE A** | Longwood Harriers 1888 **RUN FOR IT!**

**LONGWOOD HARRIERS AC**  
*would like to invite local school  
children to join them in the Richard  
Hardcastle Memorial Races at:  
Leeds Road Playing Fields On  
Saturday 25th April 2015*

**10:00am years 5 & 6 1km cross country**

**10:15am years 7 & 8 1.5km cross country**

*Prizes for first 3 boys and first 3 girls in each race.*

**Medals to all finishers.**

**For more information please email or call:**

*geraldinehardcastle@tiscali.co.uk*

*07534 872630*

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