



**Hartlepool Burn Road  
Harriers & AC**

Established 1895



Presents:

## **OLD MONKS MULTI-TERRAIN RACE**

Starting at Hart Village Hall, Hart Village, Hartlepool, TS27 3AW

*Race licence pending*

**Sunday 4<sup>th</sup> January 2015, 11am start**

**An undulating multi-terrain race of approx. 5.5 miles through trail, road and dene  
Race Entry Limit of 300 – Apply Early to Secure Your Place!**

- Presentation in the village hall
- Prizes in Male, Female, Senior, Veteran and team categories. Prizes reflecting on entries
- .Minimum age of 15 years on the day

Please note – there is some road so spikes are not advised. Trail shoes are appropriate.

**Pre-Race Entries £6 Club - £8 Unattached    Entries on the day – add £2**  
**Entries will be available on the day, subject to entry limit**

<b>Name:</b>	<b>Male</b> <input type="checkbox"/> <b>Female</b> <input type="checkbox"/>	<b>Date of Birth:</b>
<b>Address:</b>	<b>Age on 3<sup>rd</sup> Jan 2015:</b>	
	<b>Contact no:</b>	
<b>UK Athletics Club (if any)</b>	<b>UKA No.:</b>	
<b>Email address:</b>	<b>Postal results (add 80p*)</b>	
I declare that I am an amateur as laid down by UK Athletics rules. I am medically fit to take part in this race. I understand that the organisers will in no way be held responsible for any injury, illness or losses due to my participation in this race.		
<b>Signed</b>	<b>Monies included £</b> *inc postal results	

**Cheques to be made payable to 'Hartlepool Burn Road Harriers'**

**Send to:**

**Jo Beddow, 34 Mowbray Road, Hartlepool, TS25 2NA**

Queries to [jane.wistow@durham.ac.uk](mailto:jane.wistow@durham.ac.uk)

**ALL RACE NUMBERS ARE TO BE COLLECTED ON THE DAY AT THE VILLAGE HALL**

**Closing Date of Postal Entries: Friday 2<sup>nd</sup> Jan 2015**



**waltonsc Clark Whitehill**  
chartered accountants & business advisers