

WYNYARD5K TRAIL RESULTS

POS	NUMBER	CNAME	NAME	CLUB	MIN	SECS	POINTS	SECTION
1	50	Luke	Adams	South Shield Harriers	18	09	85.86	MS
2	136	James	Oldfield	Sedgefield Harriers	18	13	85.54	MS
3	108	Gary	Grounds	Unattached	18	22	84.85	M40
4	25	Ben	Forster	Gosforth Harriers	18	28	84.39	MS
5	89	Neil	Wilkinson	Morpeth Harriers	18	41	83.41	M45
6	22	Paul	Wilson	Hartlepool Burn Road Harriers	19	00	82.02	MS
7	33	Simon	Rogers	Darlington Harriers AC	20	11	77.21	M40
8	75	Paul	Lewis	Marsh House Harriers	20	23	76.45	M50
9	28	Wayne	Pearson	Crook AC	20	24	76.39	M45
10	16	Alan Wayne	Hodgson	Tyne Bridge Harriers	20	26	76.26	M40
11	27	Phil	Teece	Swift Tees	20	28	76.14	M55
12	2	Callum	Martin	Marsh House Harriers	20	30	76.02	MS
13	125	Kevin	Patterson	Marsh House Harriers	20	44	75.16	M45
14	76	Cameron	Stainsby	Sildon AC	20	47	74.98	MS
15	117	Phil	Jarvis	NYMAC	20	48	74.92	M40
16	138	Liam	Swann	Marsh House Harriers	20	50	74.80	MS
17	79	Phillip	Noble	Redcar Running Club	20	51	74.74	MS
18	129	John	Thompson	Unattached	21	00	74.21	MS
19	77	Peter	Milburn	Aycliffe Running Club	21	03	74.03	M55
20	4	Keith	Bindoff	Middlesbrough & Cleveland Harriers	21	07	73.80	MS
21	9	Roger	Davies	Fairfield Harriers	21	10	73.62	M50
22	56	Rob	Dent	Quakers Running Club	21	13	73.45	MS
23	69	Brian	Laverick	Swift Tees	21	22	72.93	M50
24	40	David Gary	McKenna	Darlington Harriers AC	21	25	72.76	M45
25	61	Scott	Fishburn	Run Peterlee	21	27	72.65	MS
26	39	Peter	Armstrong	Darlington Harriers AC	21	28	72.59	MS
27	107	Jeff	Belt	Unattached	21	30	72.48	M40
28	112	Graham	Atkins	Aycliffe Running Club	21	32	72.37	M50
29	68	Adam	Poole	Middlesbrough & Cleveland Harriers	21	34	72.26	MS
30	578	Lucy	Jefferies	Middlesbrough & Cleveland Harriers	21	36	72.15	FS
31	519	Katie	Noble	Darlington Harriers AC	21	51	71.32	FS
32	37	David	Walker	Sedgefield Harriers	22	06	70.51	M45
33	51	Gaeme	Downs	Cleveland Tri Club	22	07	70.46	M40
34	92	Aaron	Dodds	Marsh House Harriers	22	08	70.41	MS
35	111	Raymond	Carmichael	Sedgefield Harriers	22	14	70.09	M40
36	83	Matt	Heron	Aycliffe Running Club	22	21	69.72	MS
37	140	Stephen	King	Marsh House Harriers	22	30	69.26	M45
38	36	Laurence	Taylor	Unattached	22	33	69.11	M60
39	72	Andy	Lamplough	Hartlepool Burn Road Harriers	22	34	69.05	M40
40	82	Chris	Dunn	South Shield Harriers	22	34	69.05	MS
41	123	Matthew	Bowman	Marsh House Harriers	22	35	69.00	MS
42	35	gary	Pemberton	North East Vets AC	22	41	68.70	M60
43	43	Michael	Fawcett	Marsh House Harriers	22	43	68.60	M45
44	17	Dave	Blewitt	Aycliffe Running Club	22	45	68.50	0
45	93	George	Reid	Durham City Harriers	22	49	68.30	M55
46	24	Justin	Emmerson	Unattached	22	53	68.10	M40
47	38	Paul	Wilson	Marsh House Harriers	23	00	67.75	MS

48	99	Rob	Jones	Swift Tees	23	02	67.66	M40
49	101	Nathan	Welburn	Swift Tees	23	02	67.66	MS
50	21	Darren	Fairclough	Crook AC	23	04	67.56	M40
51	60	David	Aiken	Quakers Running Club	23	05	67.51	MS
52	132	Colin	Richardson	Unattached	23	06	67.46	M50
53	520	Hannah	Featherstone	Sedgfield Harriers	23	09	67.31	FS
54	47	Steward	Hart	New Marske Harriers	23	10	67.27	MS
55	45	Iain	Kerr	Unattached	23	15	67.03	M40
56	106	Alex	Alderthay	TRA	23	16	66.98	M40
57	26	Richard	Hambly	Hartlepool Burn Road Harriers	23	18	66.88	M45
58	121	Paul	Smith	Crook AC	23	19	66.83	M50
59	66	John	Burnside	Aycliffe Running Club	23	19	66.83	M55
60	516	Linda	Noble	Darlington Harriers AC	23	21	66.74	F45
61	508	Samantha	Kenyan	Unattached	23	21	66.74	F35
62	58	Eugh	Henderson	Quakers Running Club	23	25	66.55	MS
63	130	Nathaniel	Snell	Orchard Eagles RC	23	28	66.41	MS
64	44	Richard	Barnes	Swift Tees	23	32	66.22	M50
65	18	Stephen	Smith	Aycliffe Running Club	23	40	65.85	MS
66	128	Andrew	Robson	Unattached	23	43	65.71	M45
67	19	Andy	Hunter	Unattached	23	44	65.66	MS
68	6	Paul	Roberts	Quakers Running Club	23	45	65.61	M45
69	67	Paul	Havis	Unattached	23	50	65.38	M45
70	86	Michael	Dufton	Crook AC	23	55	65.16	M40
71	5	Tony	Gerrard	Swift Tees	23	56	65.11	M40
72	42	Andrew	Bennett	Esk Valley	23	59	64.98	M45
73	532	Cyw	Upton	Aycliffe Running Club	24	00	64.93	F50
74	142	Mark	Rayner	Marsh House Harriers	24	02	64.84	M50
75	137	Richard	Morrissey	Middlesbrough & Cleveland Harriers	24	02	64.84	MS
76	551	Helen	Adamson	Marsh House Harriers	24	02	64.84	F35
77	23	James	Waite	Marsh House Harriers	24	05	64.71	M40
78	49	Ashley	Lavan	Swift Tees	24	09	64.53	MS
79	109	Mark	Malik	Marsh House Harriers	24	10	64.48	MS
80	118	Stuart	Hardcastle	Swaledale Runners	24	13	64.35	M55
81	102	Andy	Johnston	Unattached	24	16	64.22	M45
82	53	Alistair	Davy	Leeds City	24	22	63.95	M65
83	30	Gary	Minns	Aycliffe Running Club	24	24	63.87	M50
84	63	Paul John	Calvert	Run Peterlee	24	36	63.35	M40
85	88	Matthew	Clarkson	Swift Tees	24	38	63.26	MS
86	54	Stephen	McNiff	Unattached	24	49	62.79	M45
87	80	Bill	Sigsworth	Swift Tees	24	54	62.58	M60
88	584	Joanna	Patten	Sedgfield Harriers	24	57	62.46	FS
89	97	Lee	Gibson	Unattached	24	58	62.42	M40
90	48	Eddie	Paterson	South Shield Harriers	25	05	62.13	M40
91	144	Andy	Hayes	Unattached	25	06	62.08	MS
92	559	Martha	McBarron	Aycliffe Running Club	25	11	61.88	F55
93	73	Craig	Lightfoot	Swift Tees	25	15	61.72	M50
94	115	Tom	Wilkinson	Unattached	25	21	61.47	MS
95	114	Austin	Donoghue	Unattached	25	22	61.43	MS
96	119	Paul	Stretton	Aycliffe Running Club	25	22	61.43	M45
97	20	Mike	Kennedy	Unattached	25	24	61.35	M40

98	566	Lesley	Strickland	Hartlepool Burn Road Harriers	25	28	61.19	F45
99	12	Richard	Kitson	Marsh House Harriers	25	35	60.91	M50
100	116	Philip	Jarvis	Unattached	25	36	60.87	MS
101	139	Stephen	Thompson	Marsh House Harriers	25	39	60.75	M55
102	522	Patricia	Speedie	New Marske Harriers AC	25	40	60.71	F40
103	127	Andy	Hudson	Swift Tees	25	41	60.67	M50
104	545	Lisa	Darby	Unattached	25	47	60.44	F40
105	100	Samuel	Johnston	Swift Tees	25	52	60.24	MS
106	104	David	Lambert	Unattached	25	54	60.17	MS
107	505	Jayne	White	Esk Valley Fell	25	56	60.09	F40
108	122	Chris	Watson	Redcar Running Club	25	57	60.05	MS
109	105	Christopher	Clynes	Crook AC	25	59	59.97	MS
110	15	David	Hodgson	Unattached	26	11	59.52	M50
111	543	Susan	Milburn	Aycliffe Running Club	26	12	59.48	F55
112	525	Janet	Naisbitt	Hartlepool Burn Road Harriers	26	17	59.29	F45
113	46	Sean	Boland	Unattached	26	18	59.25	M40
114	553	Chrisine	Hearmon	Sedgfield Harriers	26	18	59.25	F50
115	113	Peter	Qinn	NEVAC	26	20	59.18	M45
116	569	Claire	Farley	Middlesbrough & Cleveland Harriers	26	21	59.14	FS
117	521	Angela	Bamett	Aycliffe Running Club	26	22	59.10	F40
118	110	Phil	Hall	Quakers Running Club	26	23	59.07	MS
119	84	Kevin	Greenall	Aycliffe Running Club	26	33	58.69	M60
120	544	Trish	Kay	Aycliffe Running Club	26	38	58.51	F50
121	3	Connor	Cass	Marsh House Harriers	26	45	58.26	MS
122	29	Ray	Morley	Unattached	26	48	58.15	M45
123	531	Lorna	Jones	Run Peterlee	26	51	58.04	F40
124	11	Ian	Wanless	NYMAC	26	54	57.93	M50
125	87	Alan	Ridley	Sun City Tri	26	57	57.82	M45
126	145	Rob	Nichols	Swift Tees	27	09	57.40	M50
127	14	Richard	Easterbrook	Unattached	27	19	57.05	MS
128	126	David	Edwards	Unattached	27	22	56.94	MS
129	537	Megan	Lightfoot	Swift-Tees	27	24	56.87	FS
130	62	Robert	Dunn	Run Peterlee	27	28	56.74	MS
131	530	Michelle	Purdon	Run Peterlee	27	28	56.74	FS
132	135	Lee	Musson	Swift Tees	27	34	56.53	M40
133	7	Gaelan	Connolly	Unattached	27	36	56.46	MS
134	98	David	Jukes	Unattached	27	38	56.39	MS
135	131	Matthew	Hargraves	Crook AC	27	41	56.29	MS
136	586	Lucy	Owens	Swift-Tees	27	44	56.19	F35
137	34	Christopher	Jones	Unattached	27	47	56.09	MS
138	59	Ian Richard	Park	Cleveland Tri Club	27	52	55.92	M40
139	10	Ian	Scott	Unattached	27	56	55.79	MS
140	529	Rachel	Cammiss	Run Peterlee	27	59	55.69	F35
141	567	Faye	Darroch	Redcar Running Club	28	01	55.62	FS
142	133	Doug	Harris	Fairfield Harriers	28	08	55.39	M55
143	557	Lynsey	Manifold	Crook AC	28	13	55.23	FS
144	535	Emma	Watson	Hartlepool Burn Road Harriers	28	22	54.94	FS
145	511	Janet	Stainsby	Unattached	28	29	54.71	F45
146	574	Joanne	Porter	Elvet Striders	28	35	54.52	F40
147	570	Liz	Myers	Middlesbrough & Cleveland Harriers	28	36	54.49	FS

148	533	Jenny	Search	Elvet Striders	28	40	54.36	F35
149	560	Lucy	Surtees	Hartlepool Burn Road Harriers	28	47	54.14	FS
150	64	Peter	Roxby	Unattached	28	50	54.05	M40
151	540	Joanne	Chadwich	Unattached	29	01	53.70	F40
152	90	Mark	Cox	Unattached	29	03	53.64	M42
153	581	Amanda	Taylor	Crook AC	29	07	53.52	F45
154	580	Sharon	Hogarh	Crook AC	29	10	53.43	F45
155	120	Jez	Makin	Durham City Harriers	29	31	52.80	M50
156	94	Gordon	Robinson	Unattached	29	33	52.74	M55
157	573	Jill	Abel	Swift-Tees	29	44	52.41	F50
158	55	Richard	Horniman	Unattached	29	47	52.32	M40
159	13	Steven	Midgeley	Unattached	29	48	52.29	M40
160	518	Joanne	Oliver	Run Eat Sleep	29	49	52.26	FS
161	52	Daniel	Galloway	Unattached	29	51	52.21	MS
162	534	Emma	Thompson	Unattached	29	57	52.03	F40
163	81	Graham	Middleton	Unattached	29	59	51.97	M60
164	78	Mark	Poultney	Marsh House Harriers	30	05	51.80	M45
165	585	Sphie	Owens	Swift-Tees	30	06	51.77	F35
166	124	Mark	Foster	Marsh House Harriers	30	09	51.69	M40
167	70	Dave	Mogie	Marsh House Harriers	30	15	51.52	M50
168	141	David	Dowd	Marsh House Harriers	30	20	51.37	M65
169	74	Charlie	Lightfoot	Swift Tees	30	24	51.26	MS
170	539	Sally	Mendoza	Swift-Tees	30	24	51.26	FS
171	528	Amanda	Waller	New Marske Harriers AC	30	30	51.09	F50
172	91	Martin	Weatherill	Fairfield Harriers	30	37	50.90	M45
173	41	Neil	Reay	Unattached	30	48	50.60	M50
174	542	Kathryn	Dack	Unattached	30	53	50.46	F40
175	65	John Richard	Smith	Unattached	30	55	50.40	M65
176	513	Lauren	Pennock	Unattached	31	02	50.21	FS
177	71	Stan	White	Elvet Striders	31	04	50.16	M55
178	550	Angela	Cox	Unattached	31	07	50.08	F35
179	507	Pauline	Ranson	Hartlepool Burn Road Harriers	31	12	49.95	F50
180	558	Jacqui	Keeley	Marsh House Harriers	31	29	49.50	F55
181	555	Pauline	Johnson	Unattached	31	37	49.29	F55
182	515	Natalie	Allison	Cleveland Tri Club	31	38	49.26	F45
183	31	Ian	Welch	Redcar Running Club	31	41	49.18	M65
184	506	Penny	Outhwaite	Swift-Tees	31	47	49.03	F40
185	556	Elaine	Watson	NEVAC	31	56	48.80	F50
186	541	Sharon	Powell	Marsh House Harriers	32	08	48.50	F45
187	561	Anne	Bulmer	Unattached	32	17	48.27	F50
188	103	Angus	Hearmon	Unattached	32	19	48.22	M55
189	577	Lisa	Chapman	Unattached	32	20	48.20	F40
190	514	Helen	Tyreman	Unattached	32	22	48.15	F50
191	549	Pat	Edwards	Shildon AC	32	22	48.15	F55
192	523	Kate	Powell	South Shields Harriers	32	24	48.10	FS
193	579	Claire	Banton	Marsh House Harriers	32	36	47.80	FS
194	572	Diane	Harold	Unattached	32	37	47.78	F40
195	517	Diane	Sparks	Run Eat Sleep	32	55	47.34	F50
196	547	Tracey	Wight	Unattached	33	00	47.22	FS
197	510	Helen	Allen	Elvet Striders	33	02	47.17	F40

198	576	Joanne	Richardson	Elvet Striders	33	10	46.98	F40
199	582	Jenny	Parker	Unattached	33	13	46.91	F45
200	526	Julie	McGrath	Hartlepool Burn Road Harriers	33	20	46.75	F50
201	524	Rachael Louise	Hall	Swift-Tees	33	38	46.33	FS
202	546	Linda	Sigsworth	Swift-Tees	33	39	46.31	F60
203	509	Sandra	Main	Marsh House Harriers	33	52	46.01	F60
204	548	Louise	Beckwith	Unattached	33	58	45.88	FS
205	583	Gail	Heslop	Unattached	33	59	45.86	F45
206	85	Jamie	Clear	Unattached	34	01	45.81	M40
207	8	Oliver	Rogers	Unattached	34	24	45.30	MS
208	502	Tara	Marlow	Unattached	34	51	44.72	F35
209	503	Kendra	Lowden	Unattached	34	55	44.63	F40
210	143	ken	Stringer	Unattached	35	09	44.33	M60
211	587	Emma	Simpson	Unattached	35	09	44.33	F35
212	512	Amy	Lewis	Unattached	36	26	42.77	FS
213	32	Dan	Wright	Middlesbrough & Cleveland Harriers	36	27	42.75	M28
214	565	Tracey	Quinn	NEVAC	36	29	42.71	F45
215	563	Heather	Byrne	Unattached	36	42	42.46	FS
216	564	Alice	Quinn	Swift-Tees	36	43	42.44	FS
217	536	Margaret	Mayers	Swift-Tees	36	44	42.42	F55
218	568	Natalie	Hodgson	Marsh House Harriers	36	45	42.40	F45
219	571	Laura	Mack	Esk Valley Fell	36	45	42.40	F40
220	562	Hayley	Marron	Unattached	36	50	42.31	FS
221	527	Claire	Galloway	Elvet Striders	37	00	42.12	FS
222	554	Fiona	Shaw	Marsh House Harriers	37	21	41.72	F40
223	504	Andrea	Gutteridge	Unattached	37	39	41.39	F40
224	57	Christopher	McGrath	Hartlepool Burn Road Harriers	37	40	41.37	MS
225	538	Emma	Howard	Swift-Tees	37	52	41.15	FS
226	95	Alan	Dowson	Marsh House Harriers	38	06	40.90	M70
227	552	Adriana	Salazar	Unattached	39	01	39.94	F45
228	96	Malcolm	Curtis	Unattached	39	02	39.92	M50
229	500	Denise	Benivin	Elvet Striders	40	37	38.37	F45
230	501	kerry	Lister	Elvet Striders	40	37	38.37	F40
231	1	Steven	King	Cleveland Tri Club	44	34	34.97	M50
232	575	Sheree	Lyons	Unattached	44	35	34.95	F35
233	134	John	Heslop	Unattached	49	21	31.58	M55