RESULTS 5K TRAIL RUN – ACKLAM GRANGE SCHOOL

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| Position  | Race Number: | Name: | Time: |
| 1 | 46 | Joshua Cowperthwaite | 19:16 |
| 2 | 74 | Keith Bindoff | 20.47 |
| 3 | 40 | David Charlesworth | 21.27 |
| 4 | 81 | Adam Cowperthwaite | 21:40 |
| 5 | 30 | Jim Beauchamp | 21:45 |
| 6 | 52 | Jack Hustwitt | 21:52 |
| 7 | 24 | Graham Willshaw | 22.:20 |
| 8 | 8 | Liam Brittle | 22:21 |
| 9 | 18 | Lewis Bourner | 22:24 |
| 10 | 17 | Paul Roberts | 22:28 |
| 11 | 103 | Mark Brownlee | 22:33 |
| 12 | 100 | Jen Milson | 22:34 |
| 13 | 75 | Michael Larkin | 22:39 |
| 14 | 247 | Gareth Robinson  | 22:46 |
| 15 | 94 | Andrew Hart | 22:47 |
| 16 | 72 | Andy Hayes | 23:01 |
| 17 | 109 | James Strickland | 23:18 |
| 18 | 114 | Peter Keen | 23:27 |
| 19 | 79 | Daniel Brookes | 23:38 |
| 20 | 80 | Jamie Latham | 23:46 |
| 21 | 102 | Bill Sigsworth | 23:48 |
| 22 | 93 | Craig Lightfoot | 24:06 |
| 23 | 73 | John Hall | 24:07 |
| 24 | 31 | Ellie Beauchamp | 24:40 |
| 25 | 2 | Chris Basford | 24:51 |
| 26 | 77 | David Edwards | 24:52 |
| 27 | 245 | Paul Flint | 25:10 |
| 28 | 104 | Phil Taylor | 25:24 |
| 29 | 98 | Derek Thomson | 25:29 |
| 30 | 38 | Thomas Pickering | 25:30 |
| 31 | 11 | Mandy Frost | 25:44 |
| 32 | 87 | David Jukes | 25:58 |
| 33 | 53 | David Carr | 25:59 |
| 34 | 35 | Janet Stainsby | 26:02 |
| 35 | 85 | David Smith | 26:03 |
| 36 | 47 | Mark Blewitt | 26:09 |
| 37 | 86 | Kevin Atkinson | 26:24 |
| 38 | 67 | Janet Ilsley | 26:34 |
| 39 | 106 | James Cook | 27:04 |
| 40 | 54 | Catherine McCabe | 27:18 |
| 41 | 28 | Michelle Davies | 27:30 |
| 42 | 64 | Kim Brown | 28:09 |
| 43 | 19 | Nicky Bailey | 28:18 |
| 44 | 99 | Trish Thomson | 28:26 |
| 45 | 45 | Kathryn Dack | 28:27 |
| 46 | 7 | Alan Guy | 28:36 |
| 47 | 44 | Emily Johnson | 28:37 |
| 48 | 66 | Amy Farrow | 28:52 |
| 49 | 49 | Sharon Yale | 28:52 |
| 50 | 71 | Kevin Woodhouse | 28:55 |
| 51 | 82 | Christopher Greathead | 28:56 |
| 52 | 42 | Martin Weatherill | 28:59 |
| 53 | 50 | Rebecca Bowes | 29:01 |
| 54 | 32 | Paul Rose | 29:16 |
| 55 | 91 | Denise Hersi | 29:21 |
| 56 | 113 | Alex Hersi | 29:22 |
| 57 | 34 | Sarah Bulley | 29:25 |
| 58 | 29 | Laura Mohan | 29:30 |
| 59 | 5 | Jacqui Keeley | 29:45 |
| 60 | 23 | Amanda Porteous | 30:11 |
| 61 | 65 | Jane Ridley | 30:26 |
| 62 | 107 | Beverley Large | 30:27 |
| 63 | 78 | Anna Brookes | 30:28 |
| 64 | 92 | Adam McDonnell | 30:35 |
| 65 | 1 | Tony McDonnell | 30:36 |
| 66 | 101 | Sue Wallis | 30:43 |
| 67 | 37 | Dave Murphy | 30:52 |
| 68 | 33 | Pauline Johnson | 31:02 |
| 69 | 48 | Helen Tyreman | 31:29 |
| 70 | 62 | Barbara Thomas | 32:08 |
| 71 | 83 | Sarah Towers | 32:09 |
| 72 | 60 | Paula Craggs | 32.09 |
| 73 | 59 | Patricia Atkinson | 32:20 |
| 74 | 97 | Fay Gibson | 32:48 |
| 75 | 96 | Lee Craig | 32:50 |
| 76 | 56 | Amanda Crocker | 33:01 |
| 77 | 57 | Penny Clough | 33:02 |
| 78 | 95 | Pete Samson | 33:02 |
| 79 | 13 | Susan Pratt | 33:18 |
| 80 | 70 | Gail Woodhouse | 33:25 |
| 81 | 108 | Natalie Hodgson | 33:25 |
| 82 | 248 | Margaret Woods | 33:37 |
| 83 | 6 | Margaret Myers | 33:37 |
| 84 | 76 | Karen Larkin | 34:14 |
| 85 | 15 | Hannah Trafford | 34:19 |
| 86 | 105 | Debbie Wilson | 35:21 |
| 87 | 112 | Karen Cunnington | 35:49 |
| 88 | 115 | Tanya Johnston | 36:40 |
| 89 | 12 | Kevin Pratt | 37:04 |
| 90 | 26 | Susan Fox | 37:46 |
| 91 | 25 | Rebecca Fox | 37:46 |
| 92 | 22 | Adam Corcoran | 37:47 |
| 93 | 21 | Grace Abon McNulty | 39:37 |
| 94 | 20 | Joanne McNulty | 39:47 |
| 95 | 89 | Kathryn Jones | 40:08 |
| 96 | 90 | Glen Collins | 40:08 |
| 97 | 88 | Debbie Burns | 40:21 |
| 98 | 14 | Gill Trafford | 43:47 |
| 99 | 16 | Pam McDonald | 43:47 |
| 100 | 69 | Mark Ilsley | 44:16 |
| 101 | 68 | Charles Ilsley | 44:17 |
| 102 | 51 | Laura Sargeant | 50:51 |
| 103 | 58 | Naomi Pearson | 50:53 |
| 104 | 249 | Olivia Rowntree | 55:20 |
| 105 | 250 | Samantha Scott | 55:21 |
| 106 | 110 | Trish Campbell | 1:02:13 |
| 107 | 43 | Lisa Johnson | 1:04:19 |
| 108 | 111 | Angela Schofield | 1:09:37 |
| WELL DONE EVERYBODY!!!!! |