

AYCLIFFE RUNNING CLUB

Presents

The **3M** 10K & Fun Run Sunday 15th June 2014



Sponsored by

**3M UK PLC, INEOS
AND GREAT AYCLIFFE TOWN COUNCIL**

10k Run 10.00 am
3k Run 9.15 am

From Greenfield School,
Newton Aycliffe, DL5 7LF
Changing and parking at School

Organised by

Aycliffe Running
Club under
England Athletics
Rules Permit No.
2014-10978

10k Race

- £100 to first male and female
- Veteran prizes
- Chip timing
- Technical Running Shirt

Fun Run

- Commemorative medal

(accurately measured with kilometres marked)

Entry Fees: 10k Run £12.00 Club Runners/£14.00 Non Club Runners
£2.00 extra to enter on the day
3k Run £4.00 All entries

Enter online at ayclifferrunningclub.org.uk

Cheques to be made payable to 'Aycliffe Running Club' Entries to:
Anne Kellett, 5 Woodham Gate, Newton Aycliffe, DL5 4UB
Closing Date for Entries Sunday 8th June 2013

NOTE! allow extra time to collect your race number on the day.

If for any reason the race is cancelled at short notice (which in the 16 year history has never occurred) Aycliffe Running Club can not return your entry fee as the club is committed to the organisation cost of the event regardless.

Surname Forename(s)

Address

..... County..... Post Code

e-mail address. Telephone No.

Date of Birth Age on 15th June 2014 Athletics UK Affiliated Club

10k or Fun Run please tick 10k Fun Run male female

(For 10K runners must be over 15-years on 15th June 2014)

UKA Reg Number for cub member

Declaration: I wish to enter the 3M 10k or fun run and I declare that I am an amateur as defined by England Athletics Laws and certify that I am medically fit to run. Furthermore, I agree that the organisers will not be held responsible for any injury or illness as result of my participation in the events. I understand that my details will be stored on the entry computer, but will not be distributed to any other organisation or running club.

Signature

Date

