

187	279	Maylia. Peter	Blyth	54:41	M	O/55	283	42	Codling. Marian	Thirsk & Sowerby	75:32	F	O/70
188	229	Stidolph. Dennis	U/A	54:42	M	O/65	284	172	Monte. Catherine	U/A	83:25	F	O/40
189	163	McCormick. Kenny	Claremont	54:47	M	O/60	285	173	Monte. Nick	U/A	86:42	M	O/45
190	167	McRae. Janet	Swaledale	55:04	F	O/50	286	9	Baldwin. Julie	U/A	87:25	F	O/40
191	153	Manners. David	Claremont	55:12	M	O/60							
192	78	Forster-Purvis. Sian	U/A	55:14	F								
193	52	Daglish. Stephen	Blackhill	55:17	M	O/50							
194	161	McCabe. Jackie	Billingham	55:18	F	O/50							
195	238	Wakefield. Mark	U/A	55:21	M								
196	128	Jeffrey. Julie	Sunderland Strollers	55:24	F	O/45							
197	324	Khanom. Hasina	Sunderland Strollers	55:31	F								
198	56	Davison. Carol	Alnwick	55:46	F	O/40							
199	131	Johnson. John	U/A	55:47	M	O/65							
200	239	Wales. Heather	U/A	55:47	F	O/35							
201	36	Clark. Denise	U/A	55:55	F	O/45							
202	14	Beardmore. Donna	U/A	56:05	F								
203	31	Carl. Andrea	U/A	56:05	F	O/40							
204	187	Patrick. Stanley	U/A	56:08	M	O/55							
205	73	Fail. Bradley	U/A	56:11	M								
206	215	Sewell. Lyndsay	Blackhill	56:26	F								
207	168	Meaney. Caroline	Tyne Bridge	56:29	F								
208	287	Henderson. Allan	u/a	56:32	M	O/55							
209	81	Fox. Kim	U/A	56:36	F	O/40							
210	199	Rich. Helen	Sunderland Strollers	56:50	F	O/40							
211	176	Mulliss. Allen	Heaton	56:55	M	O/55							
212	184	Park. Donna	U/A	56:59	F	O/35							
213	86	Gordon. Alan	U/A	57:05	M	O/50							
214	182	Nixon. Lee	U/A	57:06	M								
215	171	Mitchell. Tina	U/A	57:20	F	O/40							
216	37	Clark. Robert	Elvet	57:26	M								
217	76	Forrester. Paul	U/A	57:28	M								
218	216	Shaverin. Nicola	Saltwell	57:29	F	O/40							
219	220	Smith. Deb	U/A	57:36	F	O/45							
220	51	Cunningham. Richard	U/A	57:40	M	O/50							
221	255	Weir. Mark	U/A	57:42	M	O/35							
222	159	McDonald. Ken	South Shields	57:47	M	O/70							
223	270	Harkness. Tony	u/a	57:50	M	O/40							
224	162	McCormack. Ronald	Alnwick	57:52	M	O/60							
225	121	Humble. Steph	U/A	57:53	F								
226	303	Deary. Terry	Derwentside	57:53	M	O/65							
227	189	Perry. Lisa	Saltwell	58:03	F	O/40							
228	178	Mustard. Michelle	U/A	58:04	F	O/45							
229	104	Hennessy. Colm	U/A	58:17	M	O/55							
230	35	Checkley. Reg	Heaton	58:19	M	O/75							
231	4	Anderson. Jessica	Tyne Bridge	58:23	F	O/55							
232	322	Winter. Emma	Run Eat Sleep	58:29	F								
233	8	Bairstow. Douglas	U/A	58:47	M	O/40							
234	60	Ditchburn. Hazel	U/A	58:51	F								
235	179	Neal. Kay	U/A	58:52	F	O/40							
236	195	Price. Sarah	U/A	58:52	F								
237	23	Brown. Alison	U/A	58:54	F	O/45							
238	191	Phillipson. Kelly	Tyne Bridge	58:58	F	O/40							
239	120	Horner. Tara	U/A	59:00	F	O/40							
240	196	Purvis. Neil	U/A	59:19	M	O/35							
241	97	Hargrave. Denis	U/A	59:21	M	O/65							
242	49	Crulley. Glen	U/A	59:35	M								
243	88	Gould. Heather	North Shields Poly	59:37	F	O/50							
244	27	Burgess. Susan	U/A	60:04	F								
245	19	Best. Janette	U/A	60:08	F	O/35							
246	261	Wilson. Francesca	U/A	60:17	F								
247	307	Pearce. Malcolm	U/A	60:29	M	O/50							
248	198	Reay. Neil	U/A	60:30	M	O/50							
249	256	Werchola. Claire	U/A	60:50	F								
250	26	Brown. Luke	U/A	60:50	M								
251	232	Swan. Karen	U/A	60:57	F	O/45							
252	125	Iredale. Sharon	U/A	61:01	F	O/40							
253	212	Scott. Tracy	U/A	61:27	F								
254	101	Harrison. Joanne	Sedgefield	61:36	F								
255	113	Hill. Emma	Sedgefield	61:36	F								
256	180	New. Jo	Sunderland Strollers	62:03	F	O/40							
257	214	Sedgley. Sara	Tyne Bridge	62:14	F	O/35							
258	100	Harrison. Alison	U/A	62:25	F	O/45							
259	108	Heslop. Gail	U/A	62:52	F	O/55							
260	264	Wood. Donna	U/A	62:54	F								
261	309	Murray. Barry	Birtley	63:21	M	O/45							
262	18	Benvin. Denise	Elvet	63:25	F	O/45							
263	151	Mahlam. Evelyn	Tyne Bridge	63:25	F	O/40							
264	122	Hume. Mark Henry	Alnwick	63:50	M	O/65							
265	103	Hennessy. Bernadette	U/A	63:58	F	O/55							
266	254	Webb. Rose	Radley	64:11	F	O/65							
267	193	Pratt. George	U/A	64:12	M	O/65							
268	148	Lumsden. Jane	U/A	64:55	F	O/40							
269	251	Watson. Lee	U/A	64:58	M								
270	63	Dodds. L	U/A	65:00	M								
271	277	Thompson. Margaret	Sunderland Harriers	65:17	F	O/55							
272	223	Stapley. Vivien	North Shields Poly	66:18	F	O/55							
273	228	Stewart. Tu Anh	Low Fell	67:58	F	O/35							
274	140	Lawson. Martina	U/A	67:58	F	O/45							
275	41	Codling. Ian	Thirsk & Sowerby	68:08	M	O/70							
276	296	Rankin. Steve	Sunderland Strollers	68:40	M								
277	57	Dawson. Anthony	South Shields	69:26	M								
278	233	Tait. David James	Saltwell	69:38	M	O/65							
279	146	Longstaff. Andrea	U/A	70:24	F	O/45							
280	236	Toop. Andrea	U/A	70:24	F	O/35							
281	64	Donnelly. Michelle	Sunderland Strollers	71:15	F	O/40							
282	234	Telford. Stuart	U/A	73:21	M	O/35							

Men's teams:				
Pos	Score	Club	Counters	
1	38	South Shields	9 Joyce. Nick 13 Hodgson. Mark 16 Morrow. David	
2	40	Blackhill	8 Duffy. Patrick 14 Wallace. Gary 18 Aston. Luke	
3	42	Sunderland Harriers	2 Isherwood. Craig 3 Reed. Nathan 37 Richardson. Peter	
4	46	Jarrow & Hebburn	7 Ritchie. Ian 17 Deacon. Craig 22 Salkled. Ian	
5	85	Tyne Bridge	15 Hodgson. Alan 26 Blain. Alasdair 44 Chase. Chris	
6	90	Low Fell	12 Kelly. Bryan 36 Watson. John 42 Stephens. John	
7	162	Crook	21 Sumler-Hutchinson. Ian 25 Spowart. Graham 116 Douthwaite. Neil	
8	179	Heaton	5 Longman. Lucas 66 Inskip. Paul 108 Routledge. Daniel James	
9	186	Sunderland Strollers	38 Anderson. Dan 45 Johnson. James 103 Allen. Tony	
10	254	Saltwell	79 Young. Philip 82 Candlish. Dave 93 Smiley. Darren	
11	285	Derwentside	4 Durcan. Tom 117 Graham. David 164 Deary. Terry	
12	439	Alnwick	101 Bartrum. Dave 163 McCormack. Ronald 175 Hume. Mark Henry	

Women's teams:

Pos	Score	Club	Counters	Prize winners: Men	
1	35	South Shields	7 Standale. Mairi 12 Atkinson. Paula 16 Henderson. Carly	1st. 1 33:37 299 Franks. Conrad 2nd. 2 33:49 285 Isherwood. Craig	Gateshead Sunderland
2	53	Blackhill	4 Robertson. Leanne 11 Gaskin. Danielle 38 McHugh. Erin	Harriers 3rd. 3 34:17 288 Reed. Nathan	Sunderland
3	70	Heaton	14 Dodds. Kelly 23 Friend. Jenny 33 Harrison. Alexandra	Over 35: 8 36:08 68 Duffy. Patrick Over 40: 15 37:36 115 Hodgson. Alan Over 45: 10 36:20 28 Byrne. Neil Over 50: 6 35:50 110 Hetherington. Brian Over 55: 38 40:35 250 Watson. John Over 60: 40 40:52 202 Richardson. Peter	Blackhill Tyne Bridge U/A U/A Low Fell Sunderland
4	82	Sunderland Strollers	15 Champion. Joy 20 Suddick. Tracy Marie 47 Jeffrey. Julie	Harriers Over 65: 83 44:35 207 Rowell. Alan Over 70: 173 53:25 192 Potter. Arthur Over 75: 230 58:19 35 Checkley. Reg	Durham South Shields Heaton
5	121	Alnwick	32 Doctor. Ruth 40 Donoghue. Morag 49 Davison. Carol		
6	150	Sunderland Harriers	18 Higgins. Helen 39 Clughen. Susan 93 Thompson. Margaret	Prize winners: Women 1st. 23 39:08 54 Dann. Stephanie	North Shields
7	151	Elvet	29 Hughes. Sally 34 Lister. Kerry 88 Benvin. Denise	Poly 2nd. 37 40:27 218 Simpson. Claire Hebburn 3rd. 39 40:50 325 Wakefield. Philippa	Jarrow & Keswick
8	154	Saltwell	31 Candlish. Jacqui 60 Shaverin. Nicola 63 Perry. Lisa	Over 35: 75 44:12 71 Echeuarria. Anne-Cheung Over 40: 56 43:07 204 Robertson. Leanne Over 45: 106 46:20 33 Champion. Joy	U/A Blackhill Sunderland
9	168	North Shields Poly	1 Dann. Stephanie 73 Gould. Heather 94 Stapley. Vivien	Strollers Over 50: 81 44:32 127 Jackson-Bell. Lesley Over 55: 231 58:23 4 Anderson. Jessica Over 60: 179 53:56 39 Clughen. Susan	P.B. Fitness Tyne Bridge Sunderland
10	180	Sedgefield	17 Atkinson-Tait. Julia 81 Harrison. Joanne 82 Hill. Emma	Harriers Over 65: 266 64:11 254 Webb. Rose Over 70: 283 75:32 42 Codling. Marian Sowerby	Radley Thirsk &
11	191	Tyne Bridge	55 Meaney. Caroline 65 Anderson. Jessica 71 Phillipson. Kelly		