

Gibside

Senior Results - 20th October 2013

Pos	Name	Club	Time	Pos	Name	Time
1	Brendan Mcmillan (214)	Jarrow & Hebburn	40.21 M	63	Aidan Crowe (209)	Sunderland Strollers 50.03 M
2	Philip Sanderson (337)	Elswick Harriers	41.26 M O40	64	Emma Mcknespiey (76)	Carlisle Aspatria A 50.07 F O35
3	Michael Hedley (193)	Jesmond Joggers	42.07 M	65	Alistair Rook (184)	PB Fitness 50.13 M
4	Jordan Bell (186)	Blackhill Bounders	42.44 M	66	Geoff Hewitson (439)	Crook AC 50.15 M O50
5	Isaac Dunn (185)	Blaydon Harriers	43.07 M	67	John Marshall (383)	Heaton Harriers 50.16 M O40
6	Patrick Duffy (488)	Blackhill Bounders	43.13 M	68	Kevin Hargreaves (199)	Elswick Harriers 50.17 M
7	Garry Walker (264)	Unattached	43.29 M	69	Andrew Beverley (237)	Unattached 50.19 M
8	Ronnie Coupland (273)	Wallsend Harriers	43.32 M	70	Steven Dickson (260)	Derwentside AC 50.20 M
9	Sam Beckett (220)	Crook AC	43.38 M	71	Peter John Mullarkey (434)	Saltwell Harriers 50.27 M O50
10	Gary Moore (331)	North Shields Poly	43.56 M O40	72	Linda Bone (78)	South Shields 50.29 F O35
11	David Best (256)	Blackhill Bounders	44.07 M	73	Andrew Squires (403)	Alnwick Harriers 50.32 M O50
12	Paul Redman (372)	Sunderland Harriers	44.16 M O40	74	Michael Bennett (361)	Elvet Striders 50.34 M O40
13	Andy Chadfield (277)	Billingham Marsh H	44.32 M	75	Angela Campbell (133)	Unattached 50.38 F O45
14	Paul Evans (392)	Elvet Striders	44.45 M O40	76	Daniel Birchall (359)	Unattached 50.41 M O40
15	Michael Wallace (188)	Unattached	45.26 M	77	Steven Mason (235)	Unattached 50.46 M
16	Tim Allsop (324)	Sunderland Strollers	45.29 M O40	78	Dave Turnbull (428)	Aurora Harriers 50.50 M O50
17	Elliot Gowland (306)	Unattached	45.39 M O40	79	Kenneth Stephenson (390)	Billingham Marsh H 50.56 M O40
18	David Mcallister-hewlings (3)	Heaton Harriers	45.44 M O40	80	Peter Walker (459)	South Shields 51.02 M O60
19	Roger Sillito (257)	Low Fell RC	45.46 M	81	John Sayer (317)	Unattached 51.03 M O40
20	Steven McMahan (386)	Sunderland Strollers	45.53 M O40	82	Thomas Coffield (194)	Unattached 51.06 M
21	Russell Collins (395)	Teesdale AC	45.57 M O50	83	Nick Pearson (216)	Tyne Bridge 51.07 M
22	Alistair Macdonald (453)	Morpeth Harriers	45.58 M O50	84	William Bowman (348)	Sunderland Strollers 51.10 M O40
23	Neil Morris (404)	Low Fell RC	46.19 M O50	85	Michael Proud (322)	Unattached 51.15 M O40
24	Jerry Lloyd (343)	Elvet Striders	46.26 M O40	86	Joseph Hodson (242)	PB Fitness 51.23 M
25	Graham Pearson (296)	Unattached	46.28 M O40	87	Andrew Heaviside (246)	Unattached 51.27 M
26	Alex Clifford (187)	University of Sheffi	46.29 M	88	Ritchie Gerry (355)	Sunderland Strollers 51.28 M O40
27	Bruce Robertson (366)	North Shields Poly	46.32 M O40	89	Darren Stewart (333)	Unattached 51.31 M O40
28	Carl Watson (334)	Unattached	46.39 M O40	90	Joanne Brown (98)	Ponteland Runners 51.36 F O35
29	Christopher Waite (309)	North Shields Poly	46.42 M O40	91	Lesley Jackson-bell (155)	PB Fitness 51.38 F O45
30	Kevin Lister (293)	North East Vets	46.43 M O40	92	Peter Scammell (430)	Sunderland Strollers 51.45 M O50
31	Peter Mason (315)	Unattached	46.50 M O40	93	Ben Heathcote (211)	Unattached 51.46 M
32	Richard Cutter (284)	Unattached	46.53 M	94	Alasdair Blain (223)	Unattached 51.47 M
33	Tom Reeves (381)	Elvet Striders	47.04 M O40	95	Lesley Lee (59)	Blackhill Bounders 51.50 F O35
34	George Edward Rudman (18)	Blaydon Harriers	47.10 M	96	Derren Sarginson (302)	Blackhill Bounders 51.51 M O40
35	James Palmer (267)	Low Fell RC	47.19 M	97	Tony Allen (97)	Sunderland Strollers 51.52 M O40
36	Joseph Hall (252)	Unattached	47.20 M	98	Georgia Campbell (4)	Unattached 51.53 F
37	John Hurse (244)	Tyne Bridge	47.22 M	99	Paul Wilson (363)	Unattached 51.53 M O40
38	Michelle Avery (45)	Sunderland Harriers	47.34 F	100	John Ayres (304)	Unattached 51.55 M O40
39	David Nolan (191)	Low Fell RC	47.39 M	101	Garry Patterson (393)	Low Fell RC 51.58 M O40
40	David King (358)	Durham City	47.41 M O40	102	Nicola Woodward (53)	Aurora Harriers 52.01 F O35
41	Craig Proudlock (263)	Unattached	47.43 M	103	Michael Parkinson (318)	Unattached 52.10 M O40
42	Gavin Sword (426)	Sunderland Strollers	47.48 M O50	104	Brian Cairns (391)	Sunderland Strollers 52.18 M O40
43	Andy Smythe (253)	Tyne Bridge	47.49 M	105	Joanna Beckett (50)	Crook AC 52.23 F O35
44	Sarah Lister (1)	Blackhill Bounders	47.51 F O35	106	David Shearan (225)	Jarrow & Hebburn 52.27 M
45	David Stroud (212)	Ponteland Runners	47.59 M	107	David Coxon (316)	Durham City 52.30 M O40
46	Geoff House (291)	North Shields Poly	48.03 M O40	108	Daniel Anderson (287)	Sunderland Strollers 52.32 M
47	Michael Jones (407)	South Shields	48.09 M O50	109	Neil Alderman (427)	Unattached 52.34 M O50
48	Stephen Barker (217)	Tyne Bridge	48.15 M	110	Carol Cervenak (151)	Gateshead Harriers 52.50 F O45
49	Lawrence Johnson (410)	Low Fell RC	48.20 M O50	111	Matthew Archer (227)	Unattached 52.54 M
50	Tom Colquitt (190)	Unattached	48.25 M	112	Bernard Kivlehan (433)	Tynedale Harriers 52.56 M O50
51	David Walker (259)	Blackhill Bounders	48.34 M	113	Neil Stephenson (301)	Unattached 52.57 M O40
52	Michael Coward (226)	Unattached	48.40 M	114	Fiona Shenton (160)	Elvet Striders 53.02 F O45
53	Sarah Thew (79)	North Shields Poly	48.47 F O35	115	Conrad White (447)	Elvet Striders 53.09 M O50
54	David Henson (218)	Durham City	49.10 M	116	Paul Delaney (360)	Durham City 53.10 M O40
55	Andrew Duke (313)	Sunderland Strollers	49.12 M O40	117	Vince Emmett (448)	Sunderland Harriers 53.22 M O50
56	Michael Morris (238)	Unattached	49.17 M	118	Steve Blades (422)	Unattached 53.24 M O50
57	Beverley Whitfield (35)	Unattached	49.33 F	119	Jane Briggs (122)	Unattached 53.29 F O45
58	John Taylor (271)	PB Fitness	49.34 M	120	Michael Graham (401)	Low Fell RC 53.32 M O50
59	Michael Mcdonald (274)	Blackhill Bounders	49.40 M	121	Ben Dobson (376)	Unattached 53.33 M O40
60	Peter Richardson (462)	Sunderland Harriers	49.41 M O60	122	Harry Harrison (346)	Sunderland Strollers 53.35 M O40
61	Mick Mingstones (350)	Heaton Harriers	49.42 M O40	123	Daniel Lloyd (255)	Unattached 53.37 M
62	Steve Tinwell (373)	Sunderland Strollers	49.54 M O40	124	Michael Braban (270)	Unattached 53.46 M

Pos	Name	Club	Time	Pos	Name	Time
125	Rachel Terry (82)	Elvet Striders	53.52 F O35	191	David Pace (425)	Heaton Harriers 57.45 M O50
126	Mark Small (269)	North Shields Poly	54.01 M O40	192	Sven Schierig (330)	North Shields Poly 57.50 M O40
127	Bernie Gibson (139)	PB Fitness	54.04 F O45	193	Derek Wright (469)	Sunderland Strollers 58.06 M O60
128	Paul Inskip (370)	Heaton Harriers	54.08 M O40	194	Dawn Elliott (162)	Sunderland Strollers 58.07 F O45
129	Sarah Gray (21)	Alnwick Harriers	54.15 F	195	John Wiper (458)	Unattached 58.11 M O60
130	Adam Malloy (221)	Unattached	54.21 M	196	Adele Sinclair (81)	PB Fitness 58.12 F O35
131	Ean Parsons (385)	Sedgefield Harriers	54.22 M O40	197	John Tinn (362)	Sunderland Strollers 58.17 M O40
132	Philip Inglehearn (389)	Unattached	54.24 M O40	198	Martin Holgate (332)	Unattached 58.18 M O40
133	Barrie Storey (490)	Unattached	54.27 F	199	Alan Purvis (320)	Unattached 58.19 M O40
134	Clive Kelly (441)	Unattached	54.30 M O50	200	Michael Henderson (219)	Unattached 58.23 M
135	Phil Legg (352)	Ponteland Runners	54.31 M O40	201	Beth Wilson (41)	Unattached 58.28 F
136	Bryan Lee (208)	Low Fell RC	54.32 M	202	Lisa Williams (105)	Alnwick Harriers 58.30 F O35
137	Robert Hewitson (436)	Durham City	54.32 M O50	203	Emma Detchon (30)	Elvet Striders 58.33 F
138	Colin Dilks (374)	Tyne Bridge	54.40 M O40	204	Alice Du Vivier (7)	Unattached 58.35 F
139	Scott Garrett (286)	Saltwell Harriers	54.45 M	205	Andrew Hepple (232)	Blackhill Bounders 58.37 M
140	Lyne Valentine (172)	Sunderland Strollers	54.51 F O55	206	Joe Glancy (396)	Sunderland Strollers 58.43 M O50
141	Wayne Appleton (243)	Unattached	54.52 M	207	Amy Beth Coulson (2)	Sunderland Strollers 58.45 F
142	David Savage (307)	Sunderland Strollers	54.53 M O40	208	John Mcleod (387)	Wallsend Harriers 58.47 M O40
143	Deborah Jones (27)	PB Fitness	54.54 F	209	William Doidge (473)	Low Fell RC 58.52 M O60
144	Robert Morris (278)	Unattached	54.58 M	210	Philip Irving (413)	Unattached 58.56 M O50
145	Andy Fowler (272)	PB Fitness	55.03 M	211	Laurent Peltriaux (295)	Unattached 58.57 M O40
146	Kevin Kendall (229)	Unattached	55.16 M	212	Philip Young (321)	Saltwell Harriers 59.01 M O40
147	Alistair Robson (288)	Elvet Striders	55.17 M O40	213	Anna Seeley (48)	Elvet Striders 59.02 F
148	David Taylor (394)	Unattached	55.20 M O40	214	David Hindmarsh (417)	Alnwick Harriers 59.05 M O50
149	Doug Michael (424)	Heaton Harriers	55.24 M O50	215	Elaine Stroud (75)	Ponteland Runners 59.07 F O35
150	Nina Cameron (107)	Heaton Harriers	55.28 F O35	216	John English (431)	Unattached 59.12 M O50
151	Adam Hart (247)	Unattached	55.31 M	217	Tony Robson (405)	PB Fitness 59.13 M O50
152	Jamie Ferguson (285)	Unattached	55.36 M	218	Elizabeth Lamb (168)	Durham City 59.14 F O55
153	Ian Mason (466)	Unattached	55.38 M O60	219	Iain Ralphson (268)	PB Fitness 59.20 M
154	Dean Robson (292)	Sunderland Strollers	55.46 M O40	220	John Bosson (412)	Derwentside AC 59.26 M O50
155	Lindsay Dunn (3)	PB Fitness	55.48 F	221	Molly Smith (487)	Unattached 59.29 F O55
156	David Groark (351)	Unattached	55.49 M O40	222	Fred Wood (437)	Sunderland Strollers 59.40 M O50
157	Anthony Tiernan (341)	Sunderland Strollers	55.50 M O40	223	Sarah Davies (126)	Elvet Striders 59.41 F O45
158	Jonathan Gall (205)	Unattached	55.59 M	224	Paul Wharton (414)	Billingham Marsh H 59.43 M O40
159	Phil Baston (342)	Alnwick Harriers	56.00 M O40	225	Billy Raine (451)	Aurora Harriers 59.46 M O50
160	David Salmon (251)	Low Fell RC	56.02 M	226	Ian Maddison (371)	PB Fitness 59.52 M O40
161	Danielle Gaskin (195)	Blackhill Bounders	56.03 M	227	Jane Thompson (127)	Unattached 59.56 F O45
162	Paul Pascoe (319)	Elvet Striders	56.22 M O40	228	Stephen Mccoy (335)	Unattached 60.00 M O40
163	Alexander Deans (196)	Unattached	56.25 M	229	Jason Mcgray (283)	Unattached 60.02 M
164	Fiona Jones (58)	Elvet Striders	56.28 F O35	230	Jenny Friend (149)	Heaton Harriers 60.03 F O45
165	Colin Phillipson (299)	PB Fitness	56.30 M O40	231	Peter Bartholomew (423)	Ponteland Runners 60.05 M O50
166	Simon Lumsdon (328)	Sunderland Strollers	56.33 M O40	232	Ian Glendinning (398)	Allen Valley Strider 60.07 M O50
167	John Hutchinson (450)	Unattached	56.34 M O50	233	Stephen Beacham (325)	Unattached 60.09 M O40
168	Brian Usher (464)	Aurora Harriers	56.35 M O60	234	Gary Corkhill (234)	Elswick Harriers 60.12 M
169	Martin Forshaw (206)	Unattached	56.39 M	235	John Ross (443)	Unattached 60.14 M O50
170	Andrew Hudson (231)	Jarrow & Hebburn	56.42 M	236	Peter Bardon (338)	Unattached 60.18 M O40
171	Andrew Scott (379)	Unattached	56.45 M O40	237	John Foster (400)	Unattached 60.21 M O50
172	Helen Mullarkey (147)	Saltwell Harriers	56.46 F O45	238	Kerry Gowland (55)	Unattached 60.23 F O35
173	Jenny Yeo (64)	PB Fitness	56.50 F O35	239	Claire Knox (74)	PB Fitness 60.25 F O35
174	Stephen Buston (240)	Unattached	56.51 M	240	Andrew Russell (365)	Fell Runners Associ 60.30 M O40
175	Charles Hall (446)	Unattached	56.52 M O50	241	Mark Salmon (280)	Low Fell RC 60.37 M
176	Lucy Siddle (86)	Tynedale Harriers	56.54 F O35	242	Brian Wadham (357)	Unattached 60.50 M O40
177	Nina Jensen (85)	Claremont R.R.	56.55 F O35	243	Helena Walsater-lowes (49)	Heaton Harriers 60.54 F O35
178	Michelle Littlemore (104)	Low Fell RC	56.57 F O35	244	Nicola Gloyne (52)	Blackhill Bounders 61.06 F O35
179	Rachel Cooper (95)	Elswick Harriers	57.00 F O35	245	Paul Henderson (189)	Elswick Harriers 61.08 M
180	Joanne Marsden (88)	Unattached	57.02 F O35	246	Sue Bolam (140)	Alnwick Harriers 61.11 F O45
181	Richard Brookes (239)	Unattached	57.03 M	247	David Coates (415)	Alnwick Harriers 61.12 M O50
182	Mike Kenyon (345)	Durham City	57.05 M O40	248	Susan Black (119)	Unattached 61.15 F O45
183	Angela Telford (142)	Unattached	57.17 F O45	249	Michael Mckeough (467)	Low Fell RC 61.29 M O40
184	Mark Pickett (192)	Durham City	57.19 M O50	250	Andrea Clarke (136)	PB Fitness 61.36 F O45
185	Cheryl Parkin (26)	Low Fell RC	57.20 F	251	Laura Winter (43)	Unattached 61.39 F
186	George Russell (344)	Low Fell RC	57.21 M O40	252	Jean Bradley (170)	Elvet Striders 61.40 F O55
187	Vikki Law (92)	Billingham Marsh H	57.29 F O35	253	Mark Lambert (364)	Unattached 61.42 M O40
188	Paul Dodds (266)	North Shields Poly	57.31 M	254	Andy Reay (265)	Unattached 61.51 M
189	Simon Baldwin (445)	Gateshead Harriers	57.34 M O50	255	Lisa Carline (129)	Unattached 61.53 F O45
190	Deborah Hicks (56)	Heaton Harriers	57.40 F O35	256	Ian Mcmillan (377)	Unattached 61.54 M O40

Pos	Name	Club	Time	Pos	Name	Time
257	Kirsty Anderson (61)	Elvet Striders	62.02 F O35	323	Jane Parnaby (99)	PB Fitness 66.49 F O35
258	Tina Evans (87)	Unattached	62.20 F O35	324	Bridget Broadhurst (159)	Tynedale Harriers 67.00 F O45
259	Richard Hall (248)	Elvet Striders	62.24 M	325	Charlie Golithly (449)	Unattached 67.01 M O50
260	John Ellis (282)	Unattached	62.25 M	326	Dawn Branley (14)	Unattached 67.02 F
261	Stuart Dickson (340)	Tyne Bridge	62.30 M O40	327	Anite Clementson (111)	Elvet Striders 67.03 F O35
262	Andrew Featherstone (213)	Billingham Marsh H	62.33 M	328	Christopher Watson (347)	Alnwick Harriers 67.04 M O40
263	Gary Lynch (354)	Billingham Marsh H	62.35 M O40	329	John Wright (254)	Unattached 67.08 M
264	Steven Williams (408)	Unattached	62.36 M O50	330	Chrissy Ford (124)	Ponteland Runners 67.10 F O45
265	Linda Holmes (152)	Stocksfield Striders	62.42 F O45	331	Helena Simmonds (47)	Saltwell Harriers 67.28 F
266	Emma Johnson (484)	Billingham Marsh H	62.45 F O35	332	Karen Stopforth (34)	Unattached 67.31 F
267	Lynn Swanson (138)	Heaton Harriers	62.52 F O45	333	Claire Readey (305)	Elvet Striders 67.42 F O35
268	Sue Gardham (73)	Elvet Striders	62.59 F O35	334	David Foster (323)	Sunderland Strollers 67.52 M O40
269	Nikki Hazon (67)	PB Fitness	63.02 F O35	335	Rachel Heathcote (17)	Unattached 67.59 F
270	Lisa Lawson (80)	PB Fitness	63.06 F O35	336	Ron Avery (468)	Sunderland Strollers 67.59 M O60
271	Joanne Wood (71)	Tyne Bridge	63.07 F O35	337	Jennifer Smith (77)	Unattached 68.14 F O35
272	Ralph Dickinson (465)	Blyth RC	63.07 M O60	338	Ted Houlsby (472)	Unattached 68.15 M O60
273	Diane Baines (158)	Sedgefield Harriers	63.08 F O45	339	Neil Charlton (336)	Unattached 68.16 M O40
274	Cath Young (167)	Blyth RC	63.08 F O55	340	Steven Wheat (444)	Unattached 68.22 M O50
275	Robert Hart (440)	Unattached	63.12 M O50	341	Richard Duggins (298)	Unattached 68.34 M O40
276	Gavin Dowd (262)	Low Fell RC	63.15 M	342	Pamela Gold (180)	Heaton Harriers 68.40 F O65
277	David Wright (384)	Heaton Harriers	63.16 M O40	343	Aidan Cairns (368)	Unattached 68.44 M O40
278	Jan Young (178)	Elvet Striders	63.19 F O55	344	Tove Elander (485)	Unattached 68.46 F O55
279	Paul Lewins (294)	Sunderland Strollers	63.22 M O40	345	Allison Simpson (150)	North Shields Poly 68.47 F O45
280	Philip Lee (435)	Alnwick Harriers	63.32 M O50	346	Peter Rosenzweg (470)	Unattached 68.47 M O60
281	Kevin Wilson (207)	Unattached	63.33 M	347	Malcolm Pearce (388)	Unattached 68.51 M O40
282	Ross Mclardie (228)	Unattached	63.34 M	348	Doug Clark (300)	PB Fitness 68.56 M O40
283	Emma Coffield (44)	Unattached	63.41 F	349	Helen Brown (70)	Sunderland Strollers 69.06 F O35
284	David Spence (471)	Elvet Striders	63.42 M O60	350	Angela Robson (91)	Elvet Striders 69.17 F O35
285	Lalage Brown (402)	Elswick Harriers	63.49 M O50	351	Dawn Dunn (143)	Elvet Striders 69.17 F O45
286	Alan Smith (477)	Elvet Striders	63.50 M O60	352	John Oswald (461)	Heaton Harriers 69.32 M O60
287	Helen Schofield (66)	Unattached	63.53 F O35	353	Frederick Anderson (482)	Durham City 69.35 M O70
288	Donna Chapman (38)	Heaton Harriers	63.58 F	354	Laura Emmerson (28)	Unattached 69.40 F
289	Sue Urwin (156)	PB Fitness	64.09 F O45	355	Jayne Forrest (72)	Unattached 69.45 F O35
290	James Latcham (258)	Unattached	64.10 M	356	Audrey Rowe (121)	Blackhill Bounders 69.52 F O45
291	William Humphrey (349)	South Shields	64.12 M O40	357	Racheal Turnbull (20)	Unattached 70.07 F
292	Tom Sealby (297)	Unattached	64.16 M O40	358	Christine Baldwin (169)	Gateshead Harriers 70.13 F O55
293	Mark Alred (411)	Unattached	64.20 M O50	359	Stephanie Walker (39)	Unattached 70.14 F
294	Chris Forster (452)	Aycliffe	64.25 M O50	360	Charlotte Dixon (6)	Unattached 70.22 F
295	Lesley Watson (144)	Sunderland Strollers	64.27 F O45	361	Mary Coffield (176)	Unattached 70.23 F O55
296	Andrew Mcnamara (198)	Unattached	64.42 M	362	Gina Bardon (54)	Unattached 70.30 F O35
297	Kenny McCormick (380)	Claremont R.R.	64.56 M O40	363	Shirley Conner (103)	Unattached 70.34 F O35
298	Nicola Murley (84)	Unattached	65.02 F O35	364	Amanda Hunter (489)	Unattached 70.38 F O45
299	Stuart Smith (289)	Blackhill Bounders	65.06 M O40	365	Gemma Dixon (33)	Sunderland Strollers 70.49 F
300	Frank Coffield (479)	Unattached	65.09 M O70	366	Lindsey Deary (36)	Sunderland Strollers 70.49 F
301	Kim Bronze (148)	Alnwick Harriers	65.11 F O45	367	Graeme Smith (456)	Unattached 71.09 M O60
302	Lynne Carruthers (154)	Durham City	65.12 F O45	368	Gillian Donaldson (128)	Saltwell Harriers 71.12 F O45
303	Jeffrey Bowe (416)	Unattached	65.26 M O50	369	Una Mccaig (181)	Alnwick Harriers 71.15 F O65
304	Katherine Robson (117)	Unattached	65.35 F O35	370	Toby Stein (224)	Unattached 71.36 M
305	Mairi Campbell (113)	Alnwick Harriers	65.42 F O35	371	Nicky Asbury (141)	Unattached 71.40 F O45
306	Alex Cole (241)	Unattached	65.50 M	372	Joanne Danby (118)	Unattached 71.41 F O45
307	Tim Matthews (399)	Unattached	65.55 M O50	373	Jill Connolly (163)	Sunderland Strollers 71.42 F O45
308	Bernadette Salmon (13)	Unattached	65.56 F	374	Lynsey Wills (60)	Unattached 72.22 F O35
309	Wendy Hughes (114)	Unattached	66.00 F O35	375	John Chapman (457)	PB Fitness 72.39 M O60
310	John Davidson (438)	Tynedale Harriers	66.02 M O50	376	Kirsty Mcsween (62)	Sunderland Strollers 73.02 F O35
311	Louise Billcliffe (146)	Elvet Striders	66.03 F O45	377	Sarah Beverley (174)	Tynedale Harriers 73.07 F O55
312	Anne Veitch (157)	Unattached	66.12 F O45	378	Lois Lincoln (230)	Unattached 73.20 M
313	Susan Wilson (131)	Elswick Harriers	66.13 F O45	379	Jacquie Robson (68)	Elvet Striders 73.24 F O35
314	Sharna Rowley (65)	Unattached	66.20 F O35	380	Samantha Bruce (83)	Saltwell Harriers 73.34 F O35
315	Geraint Evans (369)	Unattached	66.22 M O40	381	Lesley Johnson (120)	Low Fell RC 73.58 F O45
316	Jules Briggs (90)	Gateshead Harriers	66.27 F O35	382	Chris Herbert (303)	Unattached 74.23 M O40
317	Jason Brooker (312)	Stocksfield Striders	66.29 M O40	383	Elizabeth Hodgson (166)	Unattached 74.29 F O55
318	Gareth Neill (204)	Unattached	66.30 M	384	Philip Moores (455)	Unattached 74.37 M O60
319	Keith Buston (454)	Unattached	66.36 M O60	385	Steven Bradford (276)	Unattached 74.42 M
320	Ian Henry (419)	Unattached	66.38 M O50	386	John Mulligan (480)	Billingham Marsh H 75.06 M O70
321	Laura Carrick (19)	Elswick Harriers	66.42 F	387	Les Williamson (442)	Elswick Harriers 75.11 M O50
322	John Josephs (478)	Heaton Harriers	66.46 M O60	388	Matthew Kontarines (249)	Unattached 75.32 M

Pos	Name	Club	Time	Pos	Name	Time
389	Mellon Maria (40)	Elvet Striders	75.58 F			
390	Anne Booth (161)	Unattached	76.02 F O45			
391	Desmond Gavin Ritchie (432)	Unattached	76.02 M O50			
392	Kerry Lister (101)	Elvet Striders	76.06 F O35			
393	Joanne Dewar (173)	Quakers RC	76.14 F O55			
394	Kate Sweizer (109)	Unattached	76.15 F O35			
395	Denise Clark (116)	Unattached	76.27 F O35			
396	Laura Chapman (15)	Elvet Striders	76.30 F			
397	Vivien Ferrier (175)	Unattached	76.50 F O55			
398	Teresa Lumsdon (96)	Sunderland Strollers	76.53 F O35			
399	Louise Cram (110)	Unattached	77.04 F O35			
400	Kelly Williams (57)	Unattached	77.10 F O35			
401	Lesley Foster (123)	Sunderland Strollers	77.10 F O45			
402	Geof Alred (475)	Unattached	77.32 M O60			
403	Erika Enisz (182)	Billingham Marsh H	77.48 F O65			
404	Sharon Caddell (100)	Billingham Marsh H	78.02 F O35			
405	Alison Miller (106)	Unattached	78.33 F O35			
406	Karen Nicholson (137)	Unattached	78.33 F O45			
407	Angela Coates (112)	Elvet Striders	79.30 F O35			
408	Margaret Hagood (5)	Tyne Bridge	79.38 F			
409	Alison Bulman (37)	Tyne Bridge	79.38 F			
410	Martin Blaker-hood (378)	Unattached	79.47 M O40			
411	Jon Davies (308)	Sunderland Strollers	80.13 M O40			
412	Kirsty Duggins (102)	Unattached	80.14 F O35			
413	Gillian Storey (130)	Unattached	80.15 F O45			
414	Gerard Murray (375)	Birtley AC	81.02 M O40			
415	Cyndy Sanderson (177)	Unattached	81.03 F O55			
416	Angela Fothergill (179)	Blackhill Bounders	81.03 F O65			
417	Stan White (481)	Low Fell RC	81.49 M O70			
418	Jeffrey Emmerson (463)	Elswick Harriers	82.59 M O60			
419	David Tait (474)	Saltwell Harriers	83.51 M O60			
420	Elizabeth Pallister (115)	Unattached	87.35 F O35			
421	David Wright (483)	Tynedale Harriers	93.42 M O70			
422	Louise Hurst (93)	Unattached	94.22 F O35			
423	Christine Abbott (171)	Unattached	94.25 F O55			