

www.alnwickharriers.co.uk





LESALLCORN10K

A multi-terrain event on private roads and tracks in the stunningly scenic Hulne Park, Alnwick by kind permission of His Grace the Duke of Northumberland. license number pending

At 7.30pm on Tuesday 7th May 2013

Only 40 minutes **Entry fees:**

£8 affiliated runners £10 non-affiliated runners

Entry on night: £2 extra (Race limit 250 runners)

> Note: 10 minute walk from registration to race start

Junior Fun Run

Approx 3 km

Start: 6.30pm

Entry fee: £4 (inc. t-shirt)

Entry on night: 50p extra

drive from Tyneside.

Generous prize list.

Refreshments and hot drinks available after race

Pick up your number at the

No SAE required.

race.

Free parking near race registration area.

Directions: From A1(northbound), head for Alnwick town centre. Go straight through Bondgate Tower, fork right at first junction, bend right then take first left (opposite Castle). Follow road as it bends right and down the hill. Event car park is on left after bridge.

See www.alnwickharriers.co.uk for further directions

> UNSUITABLE FOR WHEELCHAIR ACCESS

9 /	Í				PARK		
		ce (16yrs & over)		or fun I	run (8yrs - 16yrs)		
	Name Address				I declare I am fit and understand that the organizer will in no way be held responsible for any illness or injury to me or the loss of my property during the event.		
	Club		Age on race day		Signed(parent/guardian if under 16)		
	UKAthletics number		Gender				

Les Allcorn Junior fun run / Les Allcorn 10km, Kincraig, Hope Terrace, Alnwick, NE66 1AJ (mark envelope with appropriate race) Advance entries close 3 May 2013 Make cheques payable to 'Alnwick Harriers' Email race queries to: lesallcorn10km@gmail.com