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| --- | --- | --- | --- | --- | --- | --- |
| Jesmond | Dene Race | 6th May 2013 | Results |  | 5 k | Approx |
| Pos | Forename | Surname | Club | Age | No | Time |
|  |  |  |  |  |  |  |
| 1 | Marc | Fenwick | TBH | M | 47 | 15.57 |
| 2 | Mark | McLeod | Morp | M | 44 | 16.12 |
| 3 | Kenny | MacPherson | TBH | M45 | 31 | 17.32 |
| 4 | Jed | Marshall | Gates | M16 | 35 | 17.35 |
| 5 | Jonathan | Boyd | Gates | M19 | 37 | 18.08 |
| 6 | Mark | Oliver | Heat | M | 8 | 18.20 |
| 7 | Michael | Moore | NSP | M35 | 40 | 18.58 |
| 8 | Martin | Connelly | Elsw | M45 | 2 | 19.01 |
| 9 | Micky | Mallen | Heat | M35 | 62 | 19.06 |
| 10 | Craig | Hodgson | Heat | M19 | 53 | 19.09 |
| 11 | Ben | Darcy | JesJ | M | 60 | 19.08 |
| 12 | Kevin | Lister | NEVAC | M40 | 55 | 19.24 |
| 13 | Thomas | Bell | Heat | M | 51 | 19.34 |
| 14 | Chris | Waite | NSP | M40 | 12 | 19.48 |
| 15 | Andrew | Dougal | TBH | M | 49 | 19.49 |
| 16 | Gary | Pemberton | NEVAC | M55 | 18 | 20.00 |
| 17 | Leodhis | MacPherson | TBH | M14 | 32 | 20.05 |
| 18 | Andy | Burden | Heat | M35 | 42 | 20.12 |
| 19 | Rebecca | Pease | Gates | F17 | 19 | 20.16 |
| 20 | Michael | Miles | Heat | M60 | 6 | 20.17 |
| 21 | Jason | Wall | Heat | M35 | 46 | 20.32 |
| 22 | David | Gilmore | NSP | M45 | 36 | 20.40 |
| 23 | Andy | Howlett | Un | M45 | 14 | 20.43 |
| 24 | David | Reay | Derw | M40 | 58 | 20.47 |
| 25 | Craig | Allsopp | Un | M45 | 34 | 21.17 |
| 26 | Dylan | Harvey | Un | M20 | 38 | 21.20 |
| 27 | Martin | Hall | TBH | M45 | 48 | 21.24 |
| 28 | Christopher | Atthey | L Fell | M50 | 26 | 21.29 |
| 29 | Hannah | Shillitoe | Heat | F | 50 | 21.34 |
| 30 | Keith | Rooney | TBH | M45 | 30 | 21.35 |
| 31 | David | Pace | Heat | M50 | 9 | 21.45 |
| 32 | George | Russell | L Fell | M45 | 59 | 21.52 |
| 33 | Robert | Wilson | Elsw | M50 | 23 | 21.53 |
| 34 | Tom | Hanson | Elsw | M55 | 3 | 21.57 |
| 35 | Maggie | Loraine | Gates | F55 | 17 | 22.05 |
| 36 | Tom | MacKenzie | Un | M20 | 52 | 22.17 |
| 37 | Scott | Armstrong | JesJ | M35 | 16 | 22.28 |
| 38 | Greg | Robinson | NSP | M40 | 43 | 22.41 |
| 39 | Shaun | Connelly | Un | M45 | 21 | 22.54 |
| 40 | James | Green | Heat | M15 | 45 | 23.15 |
| 41 | David | Graham | Derw | M45 | 61 | 23.39 |
| 42 | Anton | Mirafsari | Un | M | 29 | 23.52 |
| 43 | Stevie | Curry | Elsw | M50 | 27 | 23.53 |
| 44 | Graham | Curry | Un | M40 | 56 | 24.08 |
| 45 | Andrew | Webb | NSP | M65 | 13 | 24.10 |
| 46 | Amir | Mousapour | Heat | M55 | 33 | 24.18 |
| 47 | John | Ross | Aln | M55 | 10 | 24.43 |
| 48 | Faye | Morris | Heat | F | 63 | 24.50 |
| 49 | Gillian | Moore | NSP | F40 | 41 | 24.54 |
| 50 | Cristina | Tyley | Heat | F | 11 | 24.57 |
| 51 | Liam | McClelland | Un | M17 | 39 | 25.06 |
| 52 | Helena | Walaster-Lowes | Heat | F35 | 65 | 25.26 |
| 53 | Phil | Mills | Un | M50 | 57 | 25.48 |
| 54 | David | Gray | Morp | M65 | 15 | 26.11 |
| 55 | Grace | Mallen | Heat | F35 | 64 | 26.14 |
| 56 | Kenny | McCormick | Clare | M60 | 5 | 26.51 |
| 57 | Angela | Jameson | Un | F | 22 | 27.55 |
| 58 | Carolyn | Wood | N F R | F45 | 25 | 28.10 |
| 59 | Coleen | Knox | Un | F45 | 54 | 28.17 |
| 60 | Janette | Kilgour | Heat | F60 | 4 | 30.03 |
| 61 | Mark Henry | Hume | Aln | M65 | 28 | 30.52 |
| 62 | Susan | Richardson | Un | F50 | 24 | 31.22 |
| 63 | Barry | Murray | Birt | M45 | 7 | 31.35 |
| 64 | David | Tait | Salt | M60 | 20 | 35.28 |