#### Berwick Harriers A.C.

## The Rod Rutherford Memorial 10k.

Multi-Terrain event.

# On Sunday 7th October 2012 - 11am.

Race Route starting and finishing at Spittal Point Berwick-upon-Tweed {TD15} One of most scenic runs on the Northumberland coast with views of the old walled town of Berwick and the Castles of Holy Island and Bamburgh seen from the top of Spring Hill the highest point on the run.

Postal Entry closing day Monday 1st October Limited entries on the day

Race Limit 250

#### **Entry Fees**

£10.00 UK Affiliated club members. £12.00 Unattached Athletes. Entry on the day + £1.00

**UK Athletic Number** [-----]

#### **Prizes**

Senior Men 1st 2nd 3rd Veteran men 1st M40 Senior Women 1st 2nd 3rd **Veteran Women 1st W35** One prize only per winners.

None Athletic Club member √

### **Race Headquarters**

Registration and Numbers collected on the day from 9am. at Spittal Bowling club House next to the Fun Centre on the Spittal Promenade.

Cheques made payable to Berwick Harriers A.C. Rod's Run 10k. Berwick Harriers **Entries to** 6 Whiteadder Close Berwick-upon-Tweed. **TD15 2YQ** First Name----official use [------]Race Number Surname------] M ☐ ✓ / F ☐ ✓ Age on the day [------] D. O. B[------/------] [ print name] [Minimum age16 years] Address-----[------] Postcode Email[-----] Tel No [------] Club------|Signature------|

> I declare that I am fit to run and understand the Organisers will not be held responsible for any injury to me or loss or damage to my property during this event.