

EXHIBITION PARK 5K RACE 2010
Wednesday, 1 September 2010

Pos	Name	Cat / Pos		Club	Time
1	Nick Swinburn			182 Morpeth Harriers	14.56
2	Matthew Nicholson			189 Morpeth Harriers	15.11
3	Ross Floyd			171 Morpeth Harriers	15.40
4	Ben Newman			199 Unattached	15.53
5	James Buis			20 Heaton Harriers	16.02
6	Ian Robinson			202 Heaton Harriers	16.14
7	Tim Calder			140 Gateshead Harriers	16.16
8	Phil Walker	M40	1	87 Morpeth Harriers	16.19
9	Conrad Franks			168 Gateshead Harriers	16.25
10	Guy Bracken	M45	1	129 North Shields	16.26
11	Jonathon Pearson-stafford			186 Gateshead Harriers	16.28
12	Mark Likeman			158 Heaton Harriers	16.29
13	Paul Waterston	M45	2	130 Morpeth Harriers	16.30
14	Lee Millmore			165 Birtley A C	16.42
15	Jamie Thom			124 Heaton Harriers	16.45
16	Gary Jones			214 Morpeth Harriers	16.46
17	Mike Hegarty			54 Morpeth Harriers	16.49
18	Martin Slater			66 Gateshead Harriers	17.02
19	Matty Tomlinson	M40	2	155 Chester le street	17.05
20	Simon Gibbs			109 Wallsend	17.12
21	John Donneky			187 Derwentside AC	17.15
22	David Barker			200 Alnwick Harriers	17.16
23	Stephen Grey	M45	3	146 Elswick Harriers	17.17
24	Keith Smith	M45	4	193 Claremont Road Runners	17.20
25	Hester Dix	F	1	160 Blaydon	17.22
26	Richard Scott			203 Birtley A C	17.40
27	Claire Simpson	F	2	161 Chester le street	17.45
28	Balazs Somogyi			45 Tynedale Harriers	17.51
29	Brian Hetherington	M45	5	115 Wallsend	17.52
30	Jane Mooney	F	3	138 Morpeth Harriers	17.55
31	Neil Morris	M45	6	206 Low Fell Running Club	17.56
32	Les Smith			18 Heaton Harriers	17.57
33	Alexander Ross			148 Sunderland Harriers	18.02
34	Mary Ferrier	F	4	137 Gateshead Harriers	18.07
35	Ian Fenwick			145 Elswick Harriers	18.08
36	Peter Grey	50	1	143 Alnwick Harriers	18.10

37	Andrew Hartley	M45	7	176	Elswick Harriers	18.13
38	Luke Aston			64	Blaydon	18.20
39	Gordon Dixon	M50	1	170	Morpeth Harriers	18.32
40	Lawrence Johnson	M45	8	150	Low Fell Running Club	18.35
41	Iain McKinnon			98	Heaton Harriers	18.39
42	Ian Jackman			177	Unattached	18.41
43	Alex Peebles			191	Unattached	18.44
44	Mark McNally	M60	1	102	Elswick Harriers	18.45
45	Keith Sutton			34	Alnwick Harriers	18.47
46	Mark Ketley			135	Elswick Harriers	18.48
47	Stephen Marshall	M50	2	105	Durham City Harriers	18.49
48	Steven Volpe	M45	9	112	Wallsend	18.50
49	Richard Asquith			181	Durham City Harriers	18.51
50	Peter Morgan	M50	3	209	South Shields Harrier	18.53
51	Joanne Lee	F35	1	58	Tynedale Harriers	18.54
52	Charlotte Wilson	F	5	174	Garscube	19.00
53	Vicky Hindson	F	6	106	Wallsend	19.04
54	Kevin Thomas	M50	4	131	Gosforth Harriers	19.05
55	Michael Keenan			81	Birtley A C	19.09
56	Geoff Smith	M45	10	127	Gateshead Harriers	19.19
57	Christopher Bradley			101	Morpeth Harriers	19.21
58	Michael Downes			70	Derwentside AC	19.23
59	Gary Pemberton	M55	1	89	North East Veterans	19.24
60	Kevin Lister			12	North East Veterans	19.27
61	Emma Pearson	F	7	157	Morpeth Harriers	19.28
62	John Whitfield	M45	11	122	Morpeth Harriers	19.29
63	Louise Laverton	F40	1	179	Morpeth Harriers	19.31
64	John Butters			17	Morpeth Harriers	19.34
65	Rick Long	M40	3	147	Unattached	19.38
66	Alan Hodgson			63	Unattached	19.39
67	Graham King	M50	5	48	Wallsend	19.42
68	Laura Jardine	F	8	205	Heaton Harriers	19.42
69	David Reay	M40	4	185	Derwentside AC	19.44
70	Mike Steven	M50	6	49	Morpeth Harriers	19.49
71	Peter Conroy	M40	5	198	Unattached	19.52
72	Roland Young			144	Unattached	19.54
73	Duncan Scott			180	Unattached	19.56
74	Rob Kirtley	M40	6	152	Wallsend	19.58
75	Andrew Smith	M55	2	141	Gateshead Harriers	20.02
76	Russell Stalker			167	Unattached	20.03
77	Kelly Dodds	F	9	83	Heaton Harriers	20.04

78	Marc Richardson			61	Sunderland Strollers	20.05
79	leslie Carvill	M50	7	119	Morpeth Harriers	20.06
80	Jim Alder	M45	12	151	Morpeth Harriers	20.08
81	Glenn Robinson	M40	7	47	Unattached	20.18
82	Lee Coulson			99	Elswick Harriers	20.20
83	Paul Waller			154	Wallsend	20.21
84	Howard Gold	M65	1	207	Heaton Harriers	20.26
85	Steph Scott	F40	2	75	Tynedale Harriers	20.30
86	Kate Chapman	F	10	55	Morpeth Harriers	20.31
87	Clare Buis	F	11	21	Heaton Harriers	20.31
88	Martin Telford	M50	8	210	Wallsend	20.33
89	Ellen Tullo	F	12	10	Heaton Harriers	20.36
90	Paul Burns			196	Unattached	20.39
91	Shaun Richardson	M55	3	23	Low Fell Running Club	20.44
92	Robert Hallam			91	Unattached	20.48
93	Gwenda Cavill	F45	1	118	Morpeth Harriers	21.00
94	Rachel Chinnery	F45	2	175	Tynedale Harriers	21.01
95	Dave Dale			5	Heaton Harriers	21.02
96	Angela Gilmour	F45	3	16	Gateshead Harriers	21.03
97	Stevie Curry			71	Elswick Harriers	21.04
98	Maggie Lorraine	F40	3	121	Gateshead Harriers	21.05
99	Lisa Sutton			35	Alnwick Harriers	21.06
100	Les Cavanagh	M40	8	153	Low Fell Running Club	21.09
101	Mark Doctor			4	Alnwick Harriers	21.11
102	Alisdair Wallace			213	Unattached	21.14
103	David Scott	M45	13	204	Birtley A C	21.14
104	David Rowe			111	Unattached	21.16
105	Jamie Boswell			27	Unattached	21.20
106	Ron Murray	M55	4	44	Wallsend	21.22
107	Steve Blades	M50	9	42	Unattached	21.24
108	Kevin Payne	M50	10	108	Wallsend	21.31
109	Amanda Crooks	F	13	195	PB Fitness Running Club	21.32
110	Charles Wilson	M40	9	197	Heaton Harriers	21.36
111	Alistair Neil Robson			56	Elvet Striders	21.38
112	Douglas Wilson	M45	14	46	Gateshead Harriers	21.39
113	Chris Thirtle			169	Unattached	21.40
114	Mike Walker	M65	2	14	Gosforth Harriers	21.46
115	Stephen Jackson	M40	10	92	Unattached	21.52
116	Andrew Lisle			172	Unattached	22.01
117	Alan Craft	M60	2	32	Gosforth Harriers	22.01
118	Nadhim Bayatti			80	Unattached	22.06

119	Mark Duffy			123	Unattached	22.21
120	Jonathan Bond			78	Heaton Harriers	22.23
121	Stephen Barras			120	Birtley A C	22.25
122	David Williams			164	Unattached	22.25
123	Antony Beynon			40	Elswick Harriers	22.29
124	David Graham	M40	11	211	Derwentside AC	22.32
125	Jon Holden			77	North Shields	22.33
126	Nick Wilson			68	Unattached	22.34
127	Ryan Thompson	M45	15	201	Unattached	22.34
128	Tim Pickering	M40	12	159	Unattached	22.35
129	Simon Gascoigne	M40	13	86	Unattached	22.35
130	Tony Maddocks	M45	16	90	Wallsend	22.36
131	Peter Hewitt			194	Unattached	22.38
132	Richard Dixon	M40	14	156	Unattached	22.40
133	David Wright	M55	5	25	Low Fell Running Club	22.43
134	Andrea Clarke	F45	4	15	PB Fitness Running Club	22.44
135	Bob Najafi	M55	6	116	Low Fell Running Club	22.46
136	Tony Ward	M65	3	134	Morpeth Harriers	22.48
137	Richard Fenton	M40	15	133	Unattached	22.50
138	John Josephs	M65	4	30	Heaton Harriers	22.55
139	Tony Leech	M50	11	52	Unattached	22.56
140	Trevor Jones	M55	7	215	Blyth Roadrunners	23.01
141	Dave Duffy	M50	12	74	Unattached	23.04
142	Sally Preston	F50	1	67	Heaton Harriers	23.05
143	Phil Mills	M40	16	183	Unattached	23.12
144	Carl Hudson			139	North East Veterans	23.18
145	Paul Lewins			104	Sunderland Strollers	23.21
146	John Young	M50	13	19	Low Fell Running Club	23.30
147	Keith Weavers	M40	17	192	Aurora	23.35
148	James Turnbull	M55	8	166	Unattached	23.40
149	Lindsey Grant	F35	2	39	Elswick Harriers	23.44
150	Andy Wigmore			190	Unattached	23.45
151	Jonathan Brown			13	Unattached	23.56
152	Jennifer Rees	F	14	163	North Shields	24.04
153	Paul Steven			50	Unattached	24.16
154	Christopher Harris			73	Unattached	24.22
155	John McDonald	M60	3	132	Gateshead Harriers	24.35
156	Andrew Hudson			93	Unattached	24.42
157	Kenny McCormick	M55	9	57	Claremont Road Runners	24.46
158	Emma Barcock	F	15	173	Low Fell Running Club	24.52
159	Keith Turnbull	M45	17	53	Unattached	24.52

160	Pamela Gold	F60	1	208	Heaton Harriers	24.55
161	Christine Lee	F65	1	37	Elswick Harriers	24.56
162	Alexandra Bonnard	F	16	60	Heaton Harriers	24.57
163	Tim Deveaux	M55	10	43	PB Fitness Running Club	25.19
164	Paul Kelly	M60	4	184	Unattached	25.34
165	Caroline Najafi	F45	5	117	Low Fell Running Club	25.38
166	Kelsey Buchanan	F40	4	103	Gateshead Harriers	25.39
167	Rhiannon Kidd	F	17	94	Unattached	25.48
168	Patrick Kelly	M40	18	36	Birtley A C	25.52
169	Christine Bravey	F50	2	136	Unattached	25.57
170	Mark Reay			128	Unattached	26.06
171	Julia Scott	F40	5	33	Unattached	26.11
172	Gemma Snowball	F	18	26	Unattached	26.21
173	Allen Mulliss	F50	3	22	Heaton Harriers	26.28
174	Fiona Hendry	F	19	125	Unattached	27.10
175	Louise Alexander	F	20	62	Unattached	27.12
176	Sarah Welsh	F35	3	69	North Shields	27.15
177	Sarah Gartside	F45	6	88	Gosforth Harriers	27.21
178	Jane Barnes	F45	7	28	Gateshead Harriers	27.45
179	Michael Duff	M60	5	65	Unattached	27.56
180	Viv Ferrier	F55	1	188	Unattached	28.08
181	Alan Hansell	M55	11	82	Unattached	28.15
182	Mark Henry Hume			72	Alnwick Harriers	28.32
183	Simon Daly	M40	19	212	Unattached	28.39
184	Liz Paton	F55	2	76	Gateshead Harriers	28.41
185	Tracy Effard	F45	8	24	Unattached	28.59
186	Lesley Johnson	F40	6	149	Low Fell Running Club	29.56
187	Margaret Duffy	F45	9	178	Unattached	30.01
188	Pamela Willis	F35	4	11	Unattached	30.17
189	Rachel Oconnor	F	21	142	Unattached	30.22
190	George Routledge	M60	6	162	Heaton Harriers	30.28
191	Susan Richardson			38	Unattached	31.24
192	Kim Trenholm	F45	10	2	Unattached	34.49
193	Carol Johnston	F	22	3	Unattached	34.49